Stuck Together



拍數: 48 牆數: 4 級數: Intermediate

編舞者: PJ (UK)

音樂: Let's Stick Together - Brian Ferry & Roxy Music



This dance is the first 48 counts of my dance called "Triggered!"

0,			
PONICODATED LOCK STEDS ECONALDO			CULIEFIE 37 TUDNI DICUT
- > 1 NU .	RULK FURWARII	RELLIVER	20116616 % 1118N 811301
SYNCOPATED LOCK STEPS FORWARD			

1-2&	Step forward on right foot, lock left behind right, step forward on right foot
3-4&	Step forward on left foot, lock right behind left, step forward on left foot
5-6	Rock forward on to right foot, recover weight back on to left foot

7&8 Shuffle ¾ turn right, stepping right left right

SIDE SHUFFLE, ROCK BACK, RECOVER, KICK BALL CROSS, SIDE ROCK, RECOVER

9&10	Step left foot to left side, close right beside left, step left foot to left side
11-12	Rock back on right foot, recover weight forward on to left foot
13&14	Kick right foot forward, step right foot slightly to right side, cross left over right
15-16	Rock right foot to right side, recover weight on to left foot

SAILOR ¼ TURN, ROCK FORWARD, RECOVER, LEFT SHUFFLE BACK, ½ TURN RIGHT SHUFFLE FORWARD

17&18	Cross right behind left, make ¼ turn right stepping left foot to left side, step right foot in place
19-20	Rock forward on left foot, recover weight back on to right foot
21&22	Step back on left foot, close right beside left, step back on left foot
23&24	Make ½ turn right stepping forward on to right foot, close left beside right, step forward on
	right

ROCK, RECOVER, JAZZ JUMP APART, CLAP, JAZZ JUMP TOGETHER, CLAP, HIP ROLL

25-26	Rock forward on left foot, recover weight back on to right foot
&27-28	Step apart left right, clap hands
&29-30	Step together left right, clap
31-32	Roll hips to the left over 2 counts (weight ends on left)

SYNCOPATED HIP BUMPS FORWARD & BACK, COASTER STEP TWICE

33&34&	Touch right toe forward angling body to left diagonal bumping hips forward, back, forward, back
35&36	Step back on right foot, close left beside right, step forward on right foot
37&38&	Touch left toe forward angling body to right diagonal bumping hips forward, back, forward, back
39&40	Step back on left foot, close right beside left, step forward on left foot

ROCK, RECOVER, SHUFFLE 1/2 TURN RIGHT, ROCK, RECOVER, 3/4 SHUFFLE TURN LEFT

110011, 112001211, 01101122 101111110111, 110011, 112001211, 74 01101122 10111122		
41-42	Rock forward on right foot, recover weight back on to left foot	
43&44	Shuffle ½ turn right, stepping right left right	
45-46	Rock forward on left foot, recover weight back on to right foot	
47&48	Shuffle ¾ turn left, stepping left right left	

REPEAT