

Stuck On U

拍數: 48 牆數: 4 級數: Improver
編舞者: Lesley Clark (SCO)
音樂: Stuck On You - Elvis Presley



CHASSE, ROCK, RECOVER (RIGHT & LEFT)

1&2 Step right to right side, step left next to right, step right to right side
3-4 Rock back on left, recover
5&6 Step left to left side, step right next to left, step left to left side
7-8 Rock back on right, recover

KICK-BALL-CHANGE TWICE, STOMP, HEEL BOUNCES, ½ TURN

1&2 Kick right foot forward, step on right, step forward on left
3&4 Kick right foot forward, step on right, step forward on left
5 Stomp forward on right
6-7-8 Lift both heel off the floor 3 time while turning ½ turn left

ROCK, RECOVER, SHUFFLE, ROCK, RECOVER, ½ TURN SHUFFLE

1-2 Rock back on left, recover
3&4 Step forward on left, step right next to left, step forward on left
5-6 Rock forward on right, recover
7&8 Turn ½ turn right stepping forward on right, step left next to right, step forward on right

ROCK STEP ¼, CROSS SHUFFLE, STEP, BEHIND, STEP, IN FRONT, TOUCH

1-2 Rock forward on left, turn ¼ right stepping on right
3&4 Cross left over right, step right to right side, cross left over right
5-6 Step right to right side, step left behind right
&7-8 Step right to right side, cross left over right, touch right next to left

MONTEREY TURN

1-2 Point right toe to right side, ½ turn right stepping next to left
3-4 Point left toe to left side, step left next to right
5-6 Point right toe to right side, ½ turn right stepping right next to left
7-8 Point left toe to left side, step left next to right

STEP OUT, OUT, HIP ROLL, HEEL BOUNCES

1-2 Step forward on right, step forward on left
3-4 Roll hips round anti to the right on the 2 counts
5-6 Raise both heels up, down
7-8 Raise both heels up, down

Make sure your weight is on left foot to start dance again

REPEAT

RESTART

Restart the dance on walls 3 & 5 after count 32, your touch step

TAG

On wall 7 start dance from count 32, your Monterey. Turn your Monterey into a ½ turn Monterey and then touch right toe to side, back in place touch left toe to side, back in place. Step out, out, hip rolls and heel bounces

