

Stuck In Traffic (P)

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 0 級數: Partner
編舞者: Garth Bock (USA)
音樂: Stuck In Traffic - Desert Justice



Position: Couples in Side By Side (a.k.a. Promenade) Position

TOE STRUTS, ROCK STEP, SHUFFLE BACK

1-4 Left toe forward, heel down, right toe forward, heel down
5-8 Rock left foot forward, recover on right, left shuffle back (left-right-left)
9-12 Right toe forward, heel down, left toe forward, heel down
13-16 Rock right foot forward, recover on left, right shuffle back (right-left-right)

LEFT AND RIGHT SHUFFLE FORWARD, ½ TURN RIGHT, LEFT SHUFFLE FORWARD (RLOD)

17&18 Left shuffle forward
19&20 Right shuffle forward
21-22 Step left foot forward, pivot ½ turn right
23&24 Left shuffle forward

LEFT HAND RELEASE (MAN) ½ TURN WITH HIP BUMPS, WOMAN STEPS IN PLACE WITH HIP BUMPS

25-26 **MAN:** Drop her left hand and step forward on right, ½ turn left (faces LOD)
 LADY: Steps right in place, steps left in place (continues facing RLOD)
27-32 **BOTH:** Bump hips in twice, bump hips out twice, roll hips from right to left (4 counts)

½ PIVOT TURN (WOMAN), MAN STEPS IN PLACE

33-34 **MAN:** Steps right in place, steps left in place
33-34 **LADY:** Steps forward on right, pivot ½ turn left

RIGHT, LEFT WALKS, RIGHT SHUFFLE, LEFT BALL CHANGE

35-36 Walk forward right, walk forward left
37&38 Right shuffle forward
39&40 Kick left foot forward, step down on left, step right foot forward

LEFT SHUFFLE FORWARD, RIGHT SHUFFLE FORWARD

41&42 Left shuffle forward
43&44 Right shuffle forward

LEFT STROLL, STOMPS

45-46 Step left foot forward, lock right behind left
47-48 Stomp left foot forward, stomp right next to left

REPEAT

TAG

(Optional) After 4 repetitions of the dance there is a 16 count bridge. Dance counts 1-16 and then restart the dance