

Struttin' Country

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: Intermediate/Advanced
編舞者: John Robinson (USA)
音樂: Bury the Shovel - Clay Walker



KICK, KICK, SAILOR STEP, STOMP, KICK, SYNCOPATED SIDE TOUCHES

1-2 Right kick forward, right kick out side right
3&4 Right step across behind left, left step side left on ball of foot, right step next to left
5-6 Left stomp up next to right keeping weight on right, left kick forward
&7&8 Left step next to right, right touch out side right, right step next to left, left touch out side left

KICK, KICK, SAILOR STEP, STOMP, KICK, SYNCOPATED SIDE TOUCHES

1-2 Left kick forward, left kick out side left
3&4 Left step across behind right, right step side right on ball of foot, left step next to right
5-6 Right stomp up next to left keeping weight on left, right kick forward
&7&8 Right step next to left, left touch out side left, left step next to right, right touch out side right

QUICK CROSS, SIDE STEP, TOUCH, ¼ PIVOT LEFT (REPEAT)

&1-2 Right step slightly back, left step across right, right step side right
3-4 Left touch next to right pivot ¼ turn left, dropping left heel/raising right heel
&5-6 Right step slightly back, left step across right, right step side right
7-8 Left touch next to right, pivot ¼ turn left dropping left heel/raising right heel

HEEL STRUT, DOUBLE KNEE BOUNCE (RIGHT THEN LEFT)

1-2 Right heel forward with toe raised, snap toe to floor shifting weight to right
&3&4 Left knee pop forward raising left heel off floor, rock left leg back straightening knee but keeping heel off floor, left knee pop forward, rock left leg back straightening knee but keeping heel off floor

Left leg is extended behind you

5-6 Left heel forward with toe raised, snap toe to floor shifting weight to left foot
&7&8 Right knee pop forward raising right heel off floor, rock right leg back straightening knee but keeping heel off floor, right knee pop forward, rock right leg back straightening knee but keeping heel off floor

Right leg is extended behind you

STEP, KICK, SYNCOPATED WALK BACK, TOUCH BACK, ¼ PIVOT RIGHT, STOMP, SNAP

1-2 Right step forward, left kick forward
&3-4 Left step back, right step back, left step back
5-6 Right touch back, pivot ¼ turn right shifting weight to right foot
7-8 Left stomp with weight next to right, raise arms shoulder height or higher and snap fingers

REPEAT