

Strut & Kick

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sylvia Schell (USA)
音樂: Livin' On Borrowed Time - Travis Tritt



RIGHT TOE STRUT, LEFT TOE STRUT, RIGHT TOE STRUT, KICK LEFT TWICE

1-2 Step ball of right foot forward, drop right heel
3-4 Step ball of left foot forward, drop left heel
5-6 Step ball of right foot forward, drop right heel
7-8 Kick left foot forward twice

LEFT TOE STRUT, RIGHT TOE STRUT, LEFT TOE STRUT, KICK RIGHT TWICE

1-2 Step ball of left foot backward, drop left heel
3-4 Step ball of right foot backward, drop right heel
5-6 Step ball of left foot backward, drop left heel
7-8 Kick right foot forward twice

TRIPLE RIGHT, TRIPLE LEFT, STEP RIGHT, ¼ TURN LEFT, STOMP, STOMP

1&2 Triple right (right, left, right)
3&4 Triple left (left, right, left)
5-6 Step forward right, turn ¼ turn left (weight goes to left)
7-8 Stomp right, stomp left

RIGHT VINE, KICK LEFT, LEFT VINE, KICK RIGHT

1-4 Step right to the right, behind with left, right to right, kick left forward
5-8 Step left to the left, behind with right, left to left, kick right forward

REPEAT
