Strong Weakness

拍數: 32

級數: Improver

編舞者: Julia Jackson (USA)

音樂: Strong Weakness - The Bellamy Brothers

RIGHT 'HEEL-TOES'

- 1 Touch right heel to the front
- 2 Touch the right toe to the back
- 3 Touch right heel to the front
- & Touch the right toe to the back
- 4 Touch right heel to the front

SYNCOPATED VINE RIGHT

- 5 Step to side on right foot
- 6 Step left foot behind right foot
- 7 Step to side on right foot
- & Step left foot across in front of right foot
- 8 Step to side on right foot
- 9-16 Repeat counts 1-8 but on the left foot

TWO STEPS FORWARD AND COASTER BACK (TWICE)

- 17 Step forward on right
- 18 Step forward on left foot but about shoulder width apart
- 19 Step back on right foot
- & Step left foot beside right
- 20 Step forward on right
- 21 Step forward on left
- 22 Step forward on right foot beside left foot but about shoulder width apart
- 23 Step back on left foot
- & Step right foot beside left
- 24 Step forward on left

PIVOT TURN ¼ LEFT WITH HEEL TAPS, 1 SHUFFLE, 2 WALKS

- 25 Step forward on right foot
- 26 On balls of feet pivot ¼ left

LEAVE FEET WHERE THEY ARE AND LEAVING BALL OF LEFT FOOT ON FLOOR

- 27-28 Tap left heel twice
- 29 Step forward on left foot
- & Bring right foot up to just behind left foot
- 30 Step forward on left foot
- 31-32 Two walks forward (right-left)

REPEAT





牆數:4