

Strong Enough To Bend

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Trish Davies (AUS)
音樂: Strong Enough to Bend - Tanya Tucker



PIVOT TURN, SHUFFLE FORWARD, PADDLE TURN, SHUFFLE ACROSS

1-2 Step right forward, turn ½ left (weight to left)
3&4 Shuffle forward right, left, right
5-6 Step left forward, turn ¼ right (weight to right)
7&8 Crossing shuffle stepping left, right, left

SIDE, BEHIND-SIDE-ACROSS, SIDE, SIDE, BEHIND-SIDE-ACROSS, ¼ TURN

1-2& Step right to side, cross left behind right, step right to side
3-4 Cross left over right, step right to side
5-6& Step left to side, cross right behind left, step left to side
7-8 Cross right over left, turn ¼ left and step left forward

FORWARD-CLAP-FORWARD-CLAP, COASTER FORWARD, BACK-CLAP-BACK-CLAP, COASTER BACK

1&2& Step right forward, clap, step left forward, clap
3&4 Step right forward, step left together, step right back
5&6& Step left back, clap, step right back, clap
7&8 Step left back, step right together, step left forward

HEEL-HOOK-HEEL-HOOK, FORWARD-LOCK-FORWARD, HEEL-HOOK-HEEL-HOOK, FORWARD-LOCK-FORWARD

1& Touch right heel forward, hook right over left
2& Touch right heel forward, hook right over left
3&4 Step right forward, lock left behind right, step right forward
5& Touch left heel forward, hook left over right
6& Touch left heel forward, hook left over right
7&8 Step left forward, lock right behind left, step left forward

REPEAT
