

Strong Enough (P)

拍數: 64 牆數: 0 級數: Partner
編舞者: Roy Moore
音樂: Strong Enough - Alan Jackson



Position: Man behind Lady (Joined hands on Lady's shoulders) facing OLOD. Man's and Lady's Steps the same

LEFT CROSS, SIDE, LEFT ROCK BACK, SIDE LEFT, CROSS BEHIND, SHUFFLE ¼ TURN LEFT

1-2 Cross step left over right, step right to right
3-4 Rock back on left, recover onto right
5-6 Step left to left, cross right behind left
7&8 Step left ¼ turn left, step right beside left, step forward on left

Facing LOD

RIGHT ROCKS FORWARD AND BACK, STEP, PIVOT 1/8 TO LEFT, STEP, PIVOT 1/8 TO LEFT

9-12 Rock forward on right, recover onto left, rock back on right, recover onto left
13-16 Step forward on right, pivot 1/8 left, step forward on right, pivot 1/8 left

Facing ILOD

CROSS, SIDE, BACK ROCK, SIDE RIGHT, CROSS LEFT BEHIND, SHUFFLE ¼ TURN RIGHT

17-20 Cross step right over left, step left to left, rock back on right, recover onto left
21-22 Step right to right, cross left behind right
23&24 Step right ¼ right, step left beside right, step forward on right

Facing LOD

LEFT ROCKS FORWARD AND BACK, LEFT SHUFFLE FORWARD, RIGHT SHUFFLE FORWARD

25-28 Rock forward on left, recover onto right, rock back on left, recover onto right
29&30 Step forward on left, step right beside left, step forward on left
31&32 Step forward on right, step left beside right, step forward on right

LEFT POINT, STEP, RIGHT POINT, STEP, FORWARD ROCK, LEFT COASTER STEP

33-34 Point left toe to left side, step forward on left
35-36 Point right toe to right side, step forward on right
37-38 Rock forward on left, recover onto right
39&40 Step back on left, step right beside left, step forward on left

RIGHT POINT, STEP, LEFT POINT, STEP, FORWARD ROCK, RIGHT COASTER STEP

41-42 Point right toe to right side, step forward on right
43-44 Point left toe to left side, step forward on left
45-46 Rock forward on right, recover onto left
47&48 Step back on right, step left beside right, step forward on right

STEP, PIVOT ½ TURN RIGHT, SHUFFLE ½ TURN RIGHT, BACK ROCK, SHUFFLE FORWARD

49-50 Step forward on left, pivot ½ turn right

Facing RLOD

51&52 Shuffle ½ turn right stepping left, right, left

Facing LOD

53-54 Rock back on right, recover onto left

55&56 Step forward on right, step left beside right, step forward on right

VINE LEFT, TOUCH, VINE ¼ TURN RIGHT, BRUSH

57-60 Step left to left, cross right behind left, step left to left, touch right beside left

61-64 Step right to right, step left beside right, step right $\frac{1}{4}$ right, brush left forward

Facing OLOD

REPEAT
