

Strong Enough

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4
編舞者: Bryan McWherter (USA)
音樂: Strong Enough - Cher

級數: Intermediate/Advanced



OFF TO SEE THE WIZARD (SYNCOPATED FORWARD DIAGONAL LOCKS)

- &1-2 Step slightly back on left, step forward on right 45 degrees right, cross step left behind right
- &3-4 Step slightly back on right, step forward on left 45 degrees left, cross step right behind left
- &5-6 Step slightly back on left, step forward on right 45 degrees right, cross step left behind right
- &7-8 Step slightly back on right, step forward on left 45 degrees left, touch right next to left

½ TURNS TO LEFT (TWICE), VINE RIGHT, SHUFFLE IN PLACE

- 9-10 Step right forward, ½ turn to left (facing back wall)
- 11-12 Step right forward, ½ turn to left (original back wall)
- 13-14 Step right to right side, step left behind right
- 15&16 Step right to right, step left next to right, step right in place

VINE LEFT SHUFFLE IN PLACE, HEEL SWITCHES LONG STEP FORWARD

- 17-18 Step left to left side, step right behind left
- 19&20 Step left to left, step right next to left, step left in place
- 21&22& Right heel forward, step right foot in place, left heel forward, step left foot in place
- 23-24 Right long step forward, touch left next to right

HEEL SWITCHES LONG STEP FORWARD, ROCK STEP SHUFFLE ½ TURN

- 25&26& Left heel forward, step left foot in place, right heel forward, step right foot in place
- 27-28 Left long step forward, step right next to left
- 29-30 Rock forward on left, rock back on to right
- 31&32 Step left foot ¼ turn to the left, slide right to meet with left, step left foot ¼ turn to the left (6:00)

HEEL SWITCHES LONG STEP FORWARD, HEEL SWITCHES LONG STEP FORWARD

- 33&34& Right heel forward, step right foot in place, left heel forward, step left foot in place
- 35-36 Right long step forward, touch left next to right
- 37&38& Left heel forward, step left foot in place, right heel forward, step right foot in place
- 39-40 Left long step forward, step right next to left

ROCK STEP SHUFFLE ½ TURN

- 41-42 Rock forward on left, rock back on to right
- 43&44 Step left foot ¼ turn to the left, slide right to meet with left, step left foot ¼ turn to the left (6:00)

HEEL SWITCHES MAKING A ¾ TURN TO THE RIGHT

- 45&46& Place right forward, step right foot into place, place left forward, step left foot into place
- 47& Place right foot forward making a ¼ turn to the right, step right foot into place
- 48& Place left forward, step left foot into place
- 49& Place right foot forward making a ¼ turn to the right, step right foot into place
- 50& Place left forward, step left foot into place
- 51& Place right foot forward making a ¼ turn to the right, step right foot into place
- 52& Place left forward, step left foot into place

HEEL JACKS

- 53& Cross right over left, step left out to left

- 54& Touch right heel forward at a 45 degree angle to right, step right foot back into place
55& Cross left over right, step right out to right
56& Touch left heel forward at a 45 degree angle to left, step left foot back into place
55& Cross right over left, step left out to left
58& Touch right heel forward at a 45 degree angle to right, step right foot back into place
59& Cross left over right, step right out to right
60& Touch left heel forward at a 45 degree angle to left, step left foot back into place

½ TURNS TO LEFT (TWICE)

- 61-62 Step right forward, ½ turn to left (facing 3:00 wall)
63-64 Step right forward, ½ turn to left (facing 9:00 wall)

REPEAT
