

# Strong Enough

拍數: 48      牆數: 4      級數: Improver  
編舞者: Sarah Massey (UK) & Myra Massey (UK)  
音樂: Strong Enough (Remix) - Cher



## RIGHT & LEFT SAILOR STEPS, ½ TURN LEFT, ¼ TURN LEFT

1&2      Cross right behind left, step left to left side, step right in place  
3&4      Cross left behind right, step right to right side, step left in place  
5&6      Step forward on right, pivot ½ turn left  
7-8      Step forward on right, pivot ¼ turn left

## DIAGONAL SHUFFLES RIGHT & LEFT, SKIPS BACK X3, HITCH

9&10      Shuffle diagonally forward on a right left right  
11&12      Shuffle diagonally forward on a left right left  
&13      Hitch right knee sliding left foot back, step right back  
&14      Hitch left knee sliding right foot back, step back left  
&15      Hitch right knee sliding left foot back, step back right  
16      Hitch left knee

## VINE LEFT, SCUFF RIGHT, VINE RIGHT, SCUFF LEFT

17-18      Step left to left side, cross right behind left  
19-20      Step left to left side, scuff right foot forward  
21-22      Step right to right side, cross left behind right  
23-24      Step right to right side, scuff left foot forward

## ¼ TURN LEFT, JAZZ BOX, LEFT JAZZ BOX

25-26      Cross left foot across right, step back on right  
27-28      Step left ¼ turn left, step right beside left  
29-30      Cross left foot across right, step back on right  
31-32      Step left to left side, touch right beside left

## ROLLING FULL TURN RIGHT CLAP, ROLLING FULL TURN LEFT, CLAP

33      Step right ¼ turn right  
34      On ball of right make ½ turn right stepping back on left  
35      On ball of left make ¼ turn right stepping right to right side  
36      Touch left beside right, clapping hands  
37      Step left ¼ turn on left  
38      On ball of left make ½ turn left stepping back on right  
39      On ball of left make ¼ turn left stepping left to left side  
40      Touch right beside left, clapping hands

## ¼ TURNING RIGHT SHUFFLE, PIVOT ½ TURN RIGHT, LEFT SHUFFLE, STOMPS

41&42      Step right ¼ turn right shuffling forward on a right left right  
43-44      Step forward on left, pivot ½ turn right  
45&46      Shuffle forward on a left right left  
47-48      Stomp right to right side, stomp left to left side

**REPEAT**