The Stroll

拍數: 48

級數: Beginner stroll

編舞者: Valerie Garant

音樂: The Stroll - The Diamonds

"STROLL" RIGHT DIAGONAL, LEFT DIAGONAL

1-4Step right to right diagonal, close left behind right, step diagonally right, brush left5-8Step left to left diagonal, close right behind left, step diagonally left, brush rightStyling: on the close behind step, raise the heel of the front foot while bending the front knee

1/4 TURN, 1/2 TURN LEFT AND JAZZ BOX

- 9-12 Step forward with right foot, ¼ turn left putting weight on left, step forward with right foot, ½ turn left putting weight on left foot
- 13-16 Cross right foot in front of left, step back on left, step right to side, step left beside right
- 17-32 Repeat counts 1-32

CROSS RIGHT IN FRONT, UNWIND ½ TURN LEFT, ROCK FORWARD AND BACK RIGHT

- 33-36 Cross right over left, unwind ½ turn to left keeping weight on left foot
- 37-40 Rock forward on right, recover on left, rock backward on right, recover on left

VINE RIGHT, VINE LEFT WITH ¼ TURN LEFT

- 40-44 Step right to side, cross left behind right, step right to side, brush left
- 45-48 Step left to side, cross right behind left, making ¼ turn left, step forward left, touch right beside left

REPEAT





牆數:4