

Strikin' Matches

拍數: 32 牆數: 0 級數:
編舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)
音樂: I'd Lie - Taylor Swift



Position: Sweetheart Position. Identical footwork unless noted

TOE-HEELS, ROCK STEP, RECOVER STEP, MODIFIED SAILOR SHUFFLE

Couple will drop their left hands as right hands goes over lady's head

1-2 Touch right toe to side, drop right heel

Couple will have both hands connected and down at the waist while doing these moves

3-4 Cross/touch left toe over right, drop left heel

5-6 Rock right to side, recover on left

7&8 Cross right behind left, step left to side, cross right over left

TOE-HEELS, ROCK STEP, RECOVER STEP, SHUFFLE TURNING ½ TO THE LEFT

1-2 Touch left toe to side, drop left heel

3-4 Cross/touch right toe over left, drop right heel

Couple will disconnect right hands

5-6 Turn ¼ left and rock left forward, recover on right

Couple will have left hand raised as lady goes under hands on these moves

7&8 Turn ¼ left and step left to side, turn ¼ left and step right forward, step left forward

Couple will be back in sweetheart position

FORWARD DIAGONAL STEPS, LOCK STEPS, STEP, LOCK STEPS

1-2 Step right diagonally forward, lock left behind right

3&4 Step right diagonally forward, lock left behind right, step right diagonally forward

5-6 Step left diagonally forward, lock right behind left

7&8 Step left diagonally forward, lock right behind left, step left diagonally forward

ROCK STEPS, RECOVER STEPS, SAILOR SHUFFLE, COASTER STEP

1-2 Rock right to side, recover on left

3&4 Cross right behind left, step left to side, step right forward

5-6 Rock left forward, recover on right

7&8 Step left back, step right back, step left forward

REPEAT

TAG

After 1st sequence

ROCK STEPS, RECOVER STEPS, CROSS

1-2 Rock right to side, recover on left

3 Cross right over left

4-5 Rock left to side, recover on right

6 Cross left over right

Tag can be counted as 1&2, 3&4