

Strictly Ballroom

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate rumba
編舞者: Phil Dennington (UK)
音樂: Rhumbe De Burros - Ignatius Jones



CROSS POINTS, ¼ TURN RIGHT SIDE TOGETHER

1-2 Cross left over right, point right out to right side
3-4 Cross right over left, point left out to left side
5-6 Cross left over right, point right out to right side
7-8 Turning ¼ right step forward right, step left beside right

RIGHT SIDE CHASSE ¼ TURN, FORWARD CHASSE, KICK BALL/STEP

1&2 Step right to right, step left beside right, step right to right
3-4 Turning ¼ left rock back on left, rock in place on right
5&6 Step forward left, bring right to left, step forward left
7&8 Kick right forward, step down right, step forward left

½ TURN RIGHT, RIGHT BACK LOCK, CUBAN HIPS TO SIDE

1-2 Turning ¼ right step forward right, turning ¼ right step back left
3&4 Step back right, cross step left over right, step back right
5-6 Step left to left, step right beside left
7-8 Step left to left, step right beside left

CUBAN ROCKS, ¼ TURN LEFT, SIDE CHASSE

1-2 Step back left, step right in place
3&4 Step left beside right(hips left)step right in place(hips right)step left in place(hips left)
5-6 Step back right step left in place
7&8 Turning ¼ left step right to right side, step left beside right, step right to right side

ROCK BEHIND, SIDE CHASSE (TWICE)

1-2 Cross rock left behind right, step in place right
3&4 Step left to left, step right beside left, step left to left
5-6 Cross rock right behind left, step in place left
7&8 Step right to right, bring left to right, step right to right

BEHIND CROSS, SIDE CHASSE LEFT, DIAGONAL BOX, SIDE CHASSE RIGHT

1-2 Cross rock left behind right, step right in place
3&4 Step left to left, step right beside left, step left to left
5-6 Cross step right over left, step back left
7&8 Step right to right, step left beside right, step right to right

TOE, HEEL, CROSS SHUFFLE, TOE, HEEL, CROSS SHUFFLE

1-2 Touch left toe next to right instep, touch left heel next to right instep
3&4 Cross step left over right, step right to right, cross step left over right(weight on left)
5-6 Touch right toe next to left instep, touch right heel next to right instep
7&8 Cross step right over left, step left to left, cross step right over left(weight on right)

CUBAN HIPS, TURNING ¼ LEFT, FORWARD SHUFFLE, STEP PIVOT, TURN, TOUCH

1-2 Step left to left, step right beside left
3&4 Step left to left, step right beside left, turning ¼ left step forward left
5-6 Step forward right, on ball of left pivot ½ left

7-8 Step forward right, point left out to left

REPEAT

RESTART

On the 3rd wall, dance up to count 16 (kick ball step) then add 3 count tag

CATWALKS

1 Cross step right over left

2 Cross step left over right

3 Cross step right over left

Then restart dance from count 1

RESTART

At the end of wall 4, restart the dance from count 25 (Cuban Rocks) instead of count 1
