

Stretchin' The Truth

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Jan Wyllie (AUS)
音樂: A Lie - Royal Wade Kimes



- 1-2 Stamp right foot forward, hold
3-4 Step forward on left, pivot ½ turn right transferring weight to right
5&6-7&8 Shuffle forward left, right, left shuffle forward right, left, right
- 9-10 Stamp left forward, hold
11-12 Step forward on right, pivot ½ turn left transferring weight to left
13&14-15&16 Shuffle forward right, left, right shuffle forward left, right, left
- 17-18 Step right to right, step left behind right
& Step right to right making ½ turn right
19-20 Rock/step left to left, rock weight to right
21-22-23&24 Step left across right, rock back on right, triple step in place left, right, left
- 25-26 Step right to right, step left behind right
& Step right to right making ½ turn right
27-28 Rock/step left to left, rock weight to right
29-30-31&32 Step left across right, rock back on right, triple step in place left, right, left
- 33-34-35-36 Toe strut back right, left
37-38 Making ½ turn right (back over right shoulder) step forward on right, step left beside right
39&40 Shuffle back right, left, right
41-42 Making ½ turn left (back over left shoulder) step forward on left, step right beside left
43&44 Shuffle back left, right, left
45-46-47-48 Toe strut back on right, making ¼ turn left toe strut left to left side
- 49-50& Step right to right, step left behind right, step right beside left
51&52 Cross shuffle to the right left, right, left
&53&54 Step back on right, touch left heel forward, step forward on left, step right beside left (heel jack)
&55&56 Step back on left, touch right heel forward, step forward on right, step left beside right (heel jack)
- 57-58& Step left to left, step right behind left, step left beside right
59&60 Cross shuffle to the left right, left, right
&61&62 Step back on left, touch right heel forward, step forward on right, step left beside right (heel jack)
&63&64 Step back on right, touch left heel forward, step forward on left, touch right beside left

REPEAT