

Strength Of Time

拍數: 48 牆數: 4 級數: Improver social cha
編舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)
音樂: A Little Too Late - Toby Keith



ROCK STEPS, BACKWARD STEP LOCK STEP, FORWARD SHUFFLE

1-2 Rock forward on left, recover on right
3&4 Step back on left, lock right in front of left, step back on left
5-6 Rock back on right recover on left
7&8 Step forward on right, step forward on left, step forward on right

STEP ¼ TURN, SAILOR SHUFFLES, STEP TOE BACK ½ TURN

9-10 Step forward on left making a ¼ turn to the right, step right next to left
11&12 Step left behind right, step right to right side, step left next to right
13&14 Step right behind left, step left to left side, step right next to left
15-16 Touch left behind right making ½ turn to the left, take weight on left

FORWARD SHUFFLE, ROCK STEP, BACKWARD STEP LOCK STEP, TOUCH BEHIND ¾ TURN

17&18 Step forward on right, step forward on left, step forward on right
19-20 Rock forward on left, recover on right
21&22 Step back on left, lock right in front of left, step back on left
23-24 Touch right behind left make ¾ turn to the right, take weight on right

STEP TURN, HIP SWAYS WITH TURNS, COASTER STEP

25-26 Step forward on left, step right making a ½ turn to the right
27&28 Step left swaying hip to the left while making ¼ turn to the right, step right swaying hip to the right, sway left hip back while making ¼ turn to the right
29&30 Step back on right, step back left, step forward on right

JAZZ BOX WITH ¼ TURN, SIDE TOUCHES, FORWARD CROSSES, BACKWARD CROSSES

31-34 Step forward on left, cross right over left, step back on left making ¼ turn to the left, step right next to left
35-36 Touch left to left side, cross left over right
37-38 Touch right to right side, cross right over left
39-40 Touch left to left side, step left behind right
41-42 Touch right to right side, step right behind left

JAZZ BOX, STEP ½ TURN

43-46 Step forward on left, cross right over left, step back on left, step right next to left
47-48 Step forward on left making ½ turn to the left, step right next to left

REPEAT
