

Stray Cat Strut

拍數: 56 牆數: 4 級數: Intermediate
編舞者: Jean Loafman (USA)
音樂: Stray Cat Strut - Stray Cats



ROCKS AND TOE/HEEL

1-2 Rock to the side on right foot, recover to left
3-4 Rock back on right foot, recover to left
5-6 Touch right toe, drop right heel
7-8 Rock back on left foot, recover to right

ROCKS AND TOE/HEEL

9-10 Rock to the side on left foot, recover to right
11-12 Rock back on left foot, recover to right
13-14 Touch left toe, drop left heel
15-16 Rock back on right foot, recover to left

STRUT FORWARD

17-18 Touch right heel forward, drop right toe
19-20 Touch left heel forward, drop left toe
21-22 Touch right heel forward, drop right toe
23-24 Touch left heel forward, drop left toe

TOE TOUCHES AND $\frac{3}{4}$ UNWIND

25 Touch right toe to right side following with right hand
26-28 Hold two counts
&29 Change weight to right foot, touch left toe to left side following with left hand
30 Hold
31-32 Step left across right, unwind $\frac{3}{4}$

SHIMMY

33-36 Bending knees slightly, drop right shoulder first and shimmy down four counts
37-40 Straightening knees, shimmy up four counts

PRANCE FORWARD

41-42 Touch right toe forward, drop right heel
43-44 Touch left toe forward, drop left heel
45-46 Touch right toe forward, drop right heel
47-48 Touch left toe forward, drop left heel

KICK, TURN, JAZZ BOX

49-50 Small kick forward with right, spin $\frac{1}{2}$ turn to the right on ball of left foot
51-52 Step down on right, step left beside right
53-54 Step right across left, step back on left
55-56 Step right beside left, step left beside right

REPEAT
