

Stranded

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jackie Brennan (SCO)
音樂: Stranded - Lutricia McNeal



ROCK & CROSS TWICE, STEP, HITCH,& HEEL & STEP

1&2 Rock right to right side, recover on left, cross right over left
3&4 Rock left to left side, recover on right, cross left over right
5-6 Step forward right, hitch left
&7&8 Step left beside right, touch right heel forward, step right beside left, step forward left

FULL TURN, WEAWE, ROCK & CROSS, SHUFFLE ¼ RIGHT

1-2 Step forward right making ½ turn right, step back left making ½ turn right
3&4 Cross right behind left, step left to left side, cross right over left
5&6 Rock left to left side, recover on right, cross left over right
7&8 Step right to right side, step left beside right, step forward on right making ¼ turn right

STEP PIVOT STEP, ROCKING CHAIR, HEEL SPLITS, KICK & POINT

1&2 Step forward left, step forward right making ½ turn right, step forward left
3&4& Rock forward on right, recover on left, rock back on right, recover on left
5&6 Step forward on right, split heels and together
7&8 Kick right forward, step on right, point left to left side

SAILOR ¼ LEFT, ROCK RECOVER ¼ RIGHT, FULL TURN, LEFT SHUFFLE

1&2 Step left behind right making ¼ turn left, step right to right side, step left to left side
3&4 Rock forward on right, recover on left, step forward right making ¼ turn right
5-6 Step back on left making ½ turn right, step forward on right making ½ turn right
7&8 Step forward left, step right beside left, step forward left

REPEAT
