

Strait Sinatra Swing

拍數: 64 牆數: 0 級數:
編舞者: Justine Shuttleworth (AUS)
音樂: Fly Me to the Moon - Frank Sinatra & George Strait



- 1-6 Touch right toe to right, drop right heel, touch left toe to left, drop left heel, touch right toe to right, drop right heel
7&8 Hold, step left foot next to right, step right to right turning $\frac{1}{4}$ turn right
- 1-6 Step forward on left foot, pivot $\frac{1}{2}$ turn right, step forward on left turning $\frac{1}{2}$ turn right, step back on right turning a further $\frac{1}{2}$ turn right, step forward on left, tap right next to left
&7&8 Step right to right, tap left next to right, step left to left, tap right next to left
- 1-16 Repeat above 16 beats
- &1&2 Scuff right foot forward, scuff right foot back, step ball of right foot back, step forward on left foot
&3&4 Repeat above 2 beats
&5-6 Scuff right foot forward, touch right toe forward, touch right toe right
&7&8 Step right next to left, touch left toe to left, step left next to right, touch right toe to right
- 1-8 Step forward on right foot, pivot $\frac{1}{2}$ turn left transferring weight to left foot flicking right leg back, step forward on right foot, step forward on left foot, pivot $\frac{1}{2}$ turn right transferring weight to right foot flicking left leg back, step forward on left, step forward on right, pivot $\frac{1}{2}$ turn left transferring weight to left foot flicking right leg back
- 1-2 Step right foot forward at 45 degrees right, kick left foot to left
&3 Step ball of left foot behind right, step right to right
4-5 Step left foot forward at 45 degrees left, kick right foot to right
&6 Step ball of right foot behind left, step left to left
7-8 Step right foot forward at 45 degrees right, pivot on ball of left foot $\frac{1}{2}$ turn left and step left to left
- 1-2 Step right foot forward at 45 degrees right, kick left foot to left
&3 Step ball of left foot behind right, step right to right
4 Scuff left foot forward
&5&6 Step left foot left, step right foot next to left, step left foot left, step right foot next to left
&7-8 Step left foot to left, touch right heel forward at 45 degrees right, scuff right foot back and behind left knee

REPEAT
