

Straight To The Heart

COPPER KNOB
STEPSHEETS

拍數: 80 牆數: 2 級數: Intermediate dance
編舞者: Maggie Gallagher (UK)
音樂: One Word - Chris de Burgh



ROCKS, FULL TRIPLE TURN RIGHT, WEAVE RIGHT

1-2 Rock forward on right, rock back on left
3&4 Triple full turn right on the spot (right-left-right)
5-6 Cross left over right, step right to right side
7&8 Cross left behind right, step right to right side, cross left over right

SIDE STEP RIGHT, HOLD, TOGETHER, SIDE, LEFT JAZZ BOX, RIGHT CROSS SHUFFLE

1-2 Step right to right side, hold
&3 Step left next to right, step right to right side
4-5-6 Cross left over right, step back on right, step left to left side
7&8 Cross right over left, step left to left side, cross right over left

SIDE STEP LEFT, HOLD, TOGETHER, SIDE, RIGHT JAZZ BOX, LEFT CROSS SHUFFLE

1-2 Step left to left side, hold
&3 Step right next to left, step left to left side
4-5-6 Cross right over left, step back on left, step right to right side
7&8 Cross left over right, step right to right side, cross left over right

POINT, ½ MONTEREY RIGHT, POINT, TOGETHER, POINT, ¼ MONTEREY RIGHT, LEFT CHASSE

1-2 Point right to right side, make ½ Monterey turn right
3-4 Point left to left side, step left next to right
5-6 Point right to right side, make ¼ Monterey turn right
7&8 Step left to left side, close right to meet left, step left to left side

ROCKS, ½ LEFT, ROCKS, ¼ RIGHT, TOUCH

1-2 Rock back on right, rock forward on left
3 ½ turn left stepping back on right
4-5 Rock back on left, rock forward on right
6 ¼ turn right stepping left to left side
7 Touch right next to left

RIGHT SHUFFLE, STEP, ½ PIVOT RIGHT, LEFT SHUFFLE, ¼ LEFT WITH SWAYING HIP ROLLS

8&1 Step forward on right, step left beside right, step forward on right
2-3 Step forward on left, ½ pivot turn right
4&5 Step forward on left, step right beside left, step forward on left
6-7-8 ¼ turn left swaying and rolling hips right, roll hips left, roll hips right

CROSS ROCK, RECOVER, LEFT SIDE CHASSE, CROSS ROCK, RECOVER, RIGHT SIDE CHASSE

1-2 Cross rock left over right, recover onto right
3&4 Step left to left side, close right beside left, step left to left side
5-6 Cross rock right over left, recover onto left
7&8 Step right to right side, close left beside right, step right to right side

CROSS, POINT, CROSS BEHIND, UNWIND ¾ RIGHT, ROCKS, LEFT COASTER

1-2 Cross left over right, point right to right side
3-4 Cross right behind left, unwind ¾ turn right (leaving weight on the right)

5-6 Rock forward on left, rock back on right
7&8 Step back on left, step right next to left, step forward on left

WALK, LEFT SWEEP FORWARD, LEFT TWINKLE, ROCKS, ½ SHUFFLE TURN RIGHT

1-2 Walk forward on right, sweep left forward across front of right
3&4 Cross left over right, rock right to right side, step left to left side
5-6 Rock forward on right, rock back on left
7&8 ¼ turn right stepping right to right side, step left next to right, ¼ turn right stepping forward on right

½ SHUFFLE TURN RIGHT, ROCK BACK, ROCK FORWARD, JAZZ JUMP, HOLD, TOGETHER CROSS, HOLD

1&2 ¼ turn right stepping left to left side, step right beside left, ¼ turn right stepping back on left
3-4 Rock back on right, rock forward on left
&5-6 Jump forward right, left (feet shoulder width apart), hold
&7-8 Step right next to left, cross left over right, hold

REPEAT

TAG

At the end of wall 2 while facing the front wall

JAZZ JUMP, HOLD, TOGETHER, CROSS, HOLD, ROCKING CHAIR

&1-2 Jump forward right, left (feet shoulder width apart), hold
&3-4 Step right next to left, cross left over right, hold
5-6 Rock forward onto right, rock back onto left
7-8 Rock back onto right, rock forward onto left

Then restart the dance from the beginning
