

# Straight From The Heart

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Steve Rutter (UK)  
音樂: Listen To My Heart - Cartoons



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## **SIDE, CROSS BEHIND, ROCK & CROSS, SIDE, CROSS BEHIND, SYNCOPATED WEAVE**

1-2            Step left to left side, cross right behind left  
3&4           Rock left to left side, recover weight onto right, cross left over right  
5-6           Step right to right side, cross left behind right  
7&8           Cross right foot behind left, step left to left side, cross right over left

## **SIDE, CLOSE, FORWARD, CLOSE, SIDE ROCK WITH ¼ TURN, LEFT SHUFFLE**

9-10           Step left to left side, close right beside left  
11-12          Step left foot forward, close right beside left  
13-14          Rock left to left side, recover weight onto right making ¼ turn right  
15&16          Step left foot forward, close right beside left, step left foot forward

## **LOCK STEP, RIGHT CHASSE, RONDE MAKING ½ TURN LEFT, LEFT SAILOR STEP**

17-18          Step right foot forward, lock left behind right  
19&20          Step right to right side, close left beside right, step right to right side  
21-22          With weight on right ronde left foot round making ½ turn left inscribing a ½ circle.  
23&24          Cross left behind right(taking weight), step right a small step to right side(taking weight), step left beside right(taking weight)

## **SKATE STEPS, FORWARD ROCK WITH ½ TURN, FORWARD ROCK, BALL-CROSS**

25-26          Skate right foot out away from left stepping right slightly forward, skate left foot out away from right stepping left slightly forward

### **Steps 25-26 should move forward**

27-28          Rock forward on right, recover weight back onto left making ½ turn right  
29-30          Step forward on right, rock forward on left  
31              Recover weight back onto right  
&32            Step left foot slightly back, cross right foot over left

**REPEAT**

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