

Stop Sign

拍數: 32 牆數: 2 級數: Improver
編舞者: Nic Bartlam (UK)
音樂: Stop Sign - ABS



ROCK STEP, TURN, HOLD, ROCK STEP, TURN, HOLD

1-2 Rock back on left, replace weight back on to right
3-4 Turn ¼ turn right stepping left, hold
5-6 Rock back on right, replace weight back on left
7-8 Turn ½ turn left stepping back on right, hold

ROCK STEP, TURNING TOE STRUTS TWICE, ROCK STEP

1-2 Rock back on left, replace weight back on to right
3-4 Turn ½ turn right, left toe strut back
5-6 Turn ½ turn right, right toe strut forward
7-8 Rock forward on left, replace weight back on to right

Option replace the turning struts with normal toe struts forward

BACK LEFT SHUFFLE, ROCK TURN, RIGHT SIDE SHUFFLE, ROCK STEP

1&2 Step back on left, close right to left, step back on left
3-4 Rock back on right, turn ¼ turn left replacing weight back on to left
5&6 Step right to right side, close left to right, step right to right side
7-8 Rock back on left, replace weight back on to right

KICK AND CROSS TWICE, SKATE WALKS FORWARD

1&2 Kick left to left diagonal, step left slightly to left side, cross right over left
3&4 Kick left to left diagonal, step left slightly to left side, cross right over left
5-6 Skate diagonally forward on left, skate diagonally forward on right
7-8 Skate diagonally forward on left, skate diagonally forward on right

REPEAT

RESTART

On the 4th wall and the 6th wall, dance the first 8 counts and then restart from the beginning