

Stop It! I Like It

COPPER KNOB
BY STEPHENETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Leif Henrik Gronvold (NOR)
音樂: Stop It! I Like It! - Rick Guard



SLIDE SKATE BACKWARD

1-8 Slide right foot back slide left foot back slide right foot back slide left foot back, weight on both feet

HEEL TOUCHES WITH TURNS

1-8 Turn $\frac{1}{4}$ to left touch left heel out, turn $\frac{1}{2}$ to right touch right heel out, turn $\frac{1}{2}$ to left touch left heel out, touch right toe beside left foot

CROSS SHUFFLE, STEP, HOLD, $\frac{1}{4}$ TURN, HOLD

1-8 Cross right foot over left foot step left foot out to left cross right foot over left foot, step left foot out to left, hold, turn $\frac{1}{4}$ to right, hold

UNWIND, STEP, TOUCH, HOLD

1-8 Turn $\frac{1}{4}$ right weight on left foot, turn $\frac{1}{2}$ left weight on right foot, turn $\frac{1}{4}$ to right & step left foot forward & touch right toe beside left foot & hold

HEEL TOUCHES, TOE TOUCHES

1-8 Touch right heel out front, touch left heel out front, touch right toe to right side, touch left toe to left side

$\frac{1}{2}$ TURN, SHUFFLE, STOMP

1-8 Step right foot forward & turn $\frac{1}{2}$ turn left, forward shuffle stepping left right left & stomp right foot beside left foot

TOE TOUCHES

1-8 Touch right toe to right side, touch left toe to left side, touch right toe out front, touch left toe out front

HITCH KNEES, HIP BUMPS

1-8 Hitch right knee up, hitch left knee up, bump hips right left right left

REPEAT
