

Stop Foolin' Around

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: BJ The DJ (UK)
音樂: Phunk Phoolin - Lulu & Kerphunk



TOUCH, KICK, CROSS, UNWIND ½ TURN LEFT SHUFFLE ROCK, RECOVER

1-4 Touch right toe beside left foot, kick right diagonal right, cross right over left unwind ½ turn left
5&6-7-8 Shuffle to the left stepping left right left, rock back on right recover on left

TOUCH, KICK, CROSS, UNWIND ½ TURN LEFT, SHUFFLE ROCK, RECOVER

1-8 Repeat all of section 1

HEEL JACK, ½ TURN RIGHT, CROSSING SHUFFLE

1-2&3&4 Step right to right side, cross left behind right, step right side right and slightly back, touch left heel forward, step down on left and cross right over left
5-6-7&8 Step left back into ¼ turn right, turn ¼ right stepping right to right side completing ½ turn, shuffle to the right crossing left over right

½ TURN LEFT, CROSSING SHUFFLE, ROCK, RECOVER SAILOR SHUFFLE TURNING ¼ TURN RIGHT

1-2-3&4 Step right back into ¼ turn left, turn ¼ left stepping left to left side, (completing ½ turn) shuffle to the left crossing right over left
5-6-7&8 Rock out on left recover on right, cross left behind right, step right into ¼ turn right, step left forward

REPEAT
