

# Stop And Go

拍數: 32      牆數: 4      級數: Improver  
編舞者: Matesa (AUT)  
音樂: Come Go With Me - The Beach Boys



## KICK, ¼ TURN STEP, KICK, STEP, KICK BALL STEP, STEP, HOLD

1-2      Kick right foot forward, turn ¼ right as you step right next to left  
3-4      Kick left foot forward, step left next to right  
5&6      Kick right foot forward, step right next to left, step left forward  
7-8      Step right forward, hold

## ½ TURN RIGHT, STEP, HOLD, TWO TRIPLE ½ TURNS

1-2      Step forward left, make ½ turn right  
3-4      Step forward left, hold  
5&6      Turn ½ left while doing a triple step right-left-right  
7&8      Turn ½ left while doing a triple step left-right-left

Counts 5-8 should be done almost in place

Easier option for counts 5-8: replace triple turns by

## SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, KEEPING STEPS SMALL

5&6      Shuffle forward right-left-right  
7&8      Shuffle forward left-right-left

## SIDE ROCK, SLOW SAILOR STEPS

1-4      Rock right to right side, step left in place, cross right behind left, rock left to left side  
5-8      Step right in place, cross left behind right, rock right to right side, step left foot forward

## ½ TURN, HOLD, ½ TURN, HOLD

1-4      Step forward right, make ½ turn left, step forward right, hold and clap  
5-8      Step forward left, make ½ turn right, step forward left, hold and clap

## REPEAT

## TAG

For Supergrass track, after wall 8 (facing front wall) repeat last eight counts

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