The Stompin'



拍數: 24 牆數: 2 級數: line/contra dance

編舞者: Casey James Montgomery (USA)

音樂: That Girl's Been Spyin' On Me - Billy Dean



Casey was only 9 years old when he created this dance!

This dance can also be done contra style with two lines facing each other so that when facing dancers step forward on steps 11,12 they can slap hands

VINE RIGHT, STOMP, VINE LEFT, STOMP

| 1-2 | Step right foot to right; cross-step left foot behind right |
|-----|----------------------------------------------------------------------------|
| 3-4 | Step right foot to right; stomp left foot next to right (no weight change) |
| 5-6 | Step left foot to left; cross-step right foot behind left |
| 7-8 | Step left foot to left; stomp right foot next to left (no weight change) |

BACK, BACK, FORWARD, STOMP, WALK BACK, BACK, BACK, STOMP

| 9-10 | Step right foot back, step left foot back |
|-------|---------------------------------------------------------------------------|
| 11-12 | Step right foot forward; stomp left foot next to right (no weight change) |
| 13-14 | Step right foot back, step left foot back |
| 15-16 | Step right foot back, stomp left foot next to right (no weight change) |

STEP, STOMP, STEP BACK, TAP. STEP, CROSS, UNWIND, HOLD

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|-------|----------------------------------------------------------------------------------|
| 17-18 | Step left foot forward; stomp right foot slightly behind left (no weight change) |
| 19-20 | Step right foot back; tap left heel forward |
| 21-22 | Step left foot in place; cross-step right foot over left |
| 23-24 | Unwind legs making ½ turn to the left (left); hold and clap hands |
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REPEAT