Stomping It Out (Wheelchair)

級數: wheelchair dance

編舞者: Silke C. Henke (CAN)

音樂: Settin' the Woods On Fire - The Tractors

Adapted for Wheelchair Dancers by "Wild" Bill McKechnie 1997

- 1-2 Slap right leg with right hand, clap hands
- 3-4 Slap right leg with right hand, clap hands
- 5-6 Slap right leg with right hand, slap left leg with left hand
- 7-8 Clap hands twice

拍數: 32

- 9-10 Slap left leg with left hand, clap hands
- 11-12 Slap left leg with left hand, clap hands
- 13-14 Slap left leg with left hand, slap right leg with right hand
- 15-16 Clap hands twice
- Roll forward for 4 counts 17-20
- 21-22 Put hands together and drop elbows twice
- 23-24 Fan both elbows out and in
- 25-28 Make 1/4 turn to right
- 29-32 Make 1/2 turn to left

REPEAT





牆數:4