

Stomp N' Time

拍數: 40 牆數: 4 級數:
編舞者: Bev Kerins (USA)
音樂: Dancin', Shaggin' On the Boulevard - Alabama



TOE FANS, RAMBLE RIGHT, STOMP

- 1 Fan right toe to the right
- 2 Bring right toe back to center
- 3-4 Repeat beats 1&2
- 5 Swivel both toes to the right
- 6 Swivel both heels to the right
- 7 Swivel both toes to the center
- 8 Stomp left foot next to right

TOE FANS, RAMBLE LEFT, STOMP

- 9 Fan left toe to the left
- 10 Bring left toe back to center
- 11-12 Repeat counts 9-10
- 13 Swivel both toes to the left
- 14 Swivel both heels to the left
- 15 Swivel both toes to center
- 16 Stomp right foot next to left

DIAGONAL KICKS, BALL-CHANGE, STEP, STOMP, LEFT KICK-BALL CHANGE, STEP

- 17 Kick right foot forward and diagonally to the left
- 18 Kick right foot forward and diagonally to the left
- & Step back onto right foot
- 19 Step down on left foot in place
- 20 Step right foot next to left
- 21 Stomp left foot next to right
- 22 Kick left foot forward
- & Step on ball of left foot next to right
- 23 Shift weight onto right foot
- 24 Step left foot next to right

SIDE SHUFFLES WITH HOLDS, TURNING SHUFFLE, ROCK & STEPS

- 25 Step to the right on right foot
- 26 Hold
- & Step left foot next to right
- 27 Step to the right on right foot
- 28 Hold
- 29&30 Shuffle sideways to the left (left-right-left), making a ¼ turn to the right
- 31 Step back on right foot
- 32 Rock forward onto left foot

STEPS FORWARD, HOLDS & CLAPS, STEP FORWARD SHUFFLE STOMP

- 33 Step forward on right foot
- 34 Hold and clap hands
- 35 Step forward on left foot
- 36 Hold and clap hands
- 37 Step forward on right foot

38&39 Shuffle forward (left-right-left)
40 Stomp right foot next to left

REPEAT
