

# Stomp It Out

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Heidi Angelika Scott (NOR)  
音樂: Stomp - Michael Peterson



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## STOMP RIGHT-LEFT IN PLACE, RIGHT SHUFFLE FORWARD, STOMP LEFT-RIGHT IN PLACE, LEFT SHUFFLE BACK

1-2            Stomp right in place, stomp left in place  
3&4           Right shuffle forward stepping right, left, right  
5-6            Stomp left in place, stomp right in place  
7&8            Left shuffle back stepping left, right, left

## RIGHT TOE POINTS X4, RIGHT CHA-CHA, LEFT TOE POINTS X4, LEFT CHA-CHA

1&2&           Point the toes on the right foot forward tapping them four times moving out to the right side  
3&4            Right cha-cha stepping right, left, right  
5&6&           Point the toes on the left foot forward tapping them four times moving out to the left side  
7&8            Left cha-cha stepping left, right, left

## TOUCH RIGHT TOE FORWARD-STOMP RIGHT, TOUCH LEFT TOE FORWARD-STOMP HEELS IN, TOES IN, HEELS IN, TOES IN, STOMP RIGHT, STOMP LEFT

1-2            Touch the toes of the right foot forward on the right diagonal, stomp right foot in the same place  
3-4            Touch the toes on the left foot forward on the left diagonal, stomp left foot in the same place  
5&6&           Move heels on both feet in a little towards the center, toes in, heels in, toes in (both feet are now in center)  
7-8            Stomp right, stomp left

## ROCK RIGHT FORWARD, RECOVER, RIGHT SHUFFLE TURN, ROCK LEFT FORWARD, RECOVER, LEFT CHA-CHA

1-2            Rock forward on right, recover on left  
3&4            Do a half turn over right shoulder with a right shuffle, stepping right, left, right  
5-6            Rock forward on left, recover on right  
7&8            Left cha-cha stepping left, right, left

**REPEAT**

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