

# Stomp 'n Shuffle

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數:  
編舞者: Jann Rattley (AUS)  
音樂: Lost In the Shuffle - Michael Peterson



## STOMP FORWARD, KICK, STOMP FORWARD, KICK

1-2      Stomp right foot forward, kick left foot forward  
3-4      Stomp left foot forward, kick right foot forward

## SHUFFLE BACK, SHUFFLE BACK

5&6      Step back on right foot, step left together, step back on right foot  
7&8      Step back on left foot, step right together, step back on left foot

## HEEL TOGETHER, HEEL TOGETHER

9-10      Place right heel 45 degrees right, return  
11-12      Place left heel 45 degrees left, return

## TAP, STOMP, STOMP, HOLD

13-14      Tap right toe by left with knee turned in, stomp right foot  
15-16      Stomp left foot to left side, hold

## HIPS RIGHT TWICE, HIPS LEFT TWICE

17&18      Swing hips, right & right  
19&20      Swing hips, left & left

## TWIST RIGHT-LEFT-RIGHT-LEFT

21-22      Twist heels right-left  
23-24      Twist heels right-left

## SHUFFLE RIGHT, STEP BEHIND AND ROCK

25&26      Step right to side, left together, step right to side  
27-28      Step left behind right, rock forward on right

## STEP, BEHIND, TURN LEFT AND SHUFFLE

29-30      Step left to side, step right behind left  
31&32      Turning  $\frac{1}{4}$  turn step forward left, step right together, step forward left

## REPEAT

## FOR FUN:

On first wall snap fingers on count 2, clap hands on count 4  
On second wall snap fingers on count, 2 and 4  
On third wall snap fingers on count 2, clap hands on count 4  
On fourth wall clap hands on counts 2 and 4