

Still Hot

拍數: 48 牆數: 4 級數: Improver
編舞者: Nanci Calton & Todd Robishaw (USA)
音樂: Hot Mama - Trace Adkins



WALK, WALK, SAILOR TURN ½, HIP BUMPS

1-2 Walk right, left
3&4 Cross right behind left as you turn ¼ turn right, step left as you turn ¼ turn right, step slightly forward on right foot
5&6 Bump hips left, right, left, stepping down on left foot on 6
7&8 Bump hips right, left, right, stepping down on right foot on 8

FORWARD ROCK, SAILOR TURN ½, TOUCH, TURN, COASTER BACK

1-2 Rock forward on left foot, replace weight to right foot
3&4 Cross left behind right as you turn ¼ turn left, step right as you turn ¼ turn left, step slightly forward on left foot
5-6 Touch right toe next to left foot, turn ¼ turn right as you kick right foot forward
7&8 Step back on right foot, step left foot next to right, step forward on right

PIVOT ½, SHUFFLE FORWARD, TURN, TURN, SHUFFLE FORWARD

1-2 Step forward on left, pivot ½ turn right, weight ends on right
3&4 Shuffle forward left, right, left
5-6 Pivot ½ turn left as you step on right foot, pivot ½ turn left as you step on left foot
7&8 Shuffle forward right, left, right

ROCK ¼ TURN, BEHIND & FRONT, STEP, DRAG, HIP ROLL

1-2 Rock forward on left foot, replace weight to right as you turn ¼ turn right
3&4 Cross left behind right, step right to right side, cross left over right
5-6 Big step right, drag left foot to right
7-8 Hip roll right, left, weight ends on left

STEP, TOUCH, CROSS, TOUCH, JAZZ BOX ¼ TURN

1-2 Step forward on right foot, touch left toe to left side
3-4 Cross left over right, touch right toe to right side
5-6-7-8 Cross right over left as you turn ¼ turn to right, step back on left, step right to right side, step left in place

KICK BALL STEP, KICK BALL STEP, PIVOT ½, TURN, TURN

1&2 Kick right foot forward, step on ball of right foot, step left forward
3&4 Kick right foot forward, step on ball of right foot, step left forward
5-6 Step forward on right foot, pivot ½ turn left, weight ends on left
7-8 Pivot ½ turn left as you step on right foot, pivot ½ turn left as you step forward on left

REPEAT