Stew & Dumplings (P)

拍數: 32

級數: Partner

編舞者: Chris Sparkes (UK) & Andrew Sparkes (UK)

音樂: Irish Stew - Sham Rock

Position: Side By Side man on inside, holding inside hands. Man's steps shown, lady use opposite moves throughout

STEP POINT, STEP TOUCH, STEP POINT, CROSS, UNWIND

- 1-2 Step forward right, point left to left side
- 3-4 Step forward left, touch right beside left
- 5-6 Step forward right, point left to left side
- 7-8 Sweep left across right, unwind ¹/₂ turn to the right

Now facing RLOD changing to inside hands

STEP POINT, STEP TOUCH, STEP POINT, CROSS UNWIND

- 9-10 Step forward left, point right to right side
- 11-12 Step forward right, touch left beside right
- 13-14 Step forward left, point right to right side
- 15-16 Sweep right across left, unwind ½ turn to the left

Now facing LOD changing to inside hands

UP BOX ¼ TURN, WEAVE WITH ¼ TURN

- 17-18 Step forward right, cross left over right
- 19-20 Step back on right making ¹/₄ turn to face partner, step left to left side

Change to open hands on step 19

- 21-22 Cross right over left, step left to left side
- 23-24 Cross right behind left, step left to left side

ROCK STEPS, TAP TWICE

25-26 Cross right over left, step left making ¼ turn into LOD

Change to inside hands on step 26

- 27-28 Rock forward right, recover on left
- 29-30 Rock back right, recover on left
- 31-32 Tap right beside left twice, (oh alright stomp if you must)

REPEAT





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牆數: 0