Stew & Dumplings (P)



編舞者: Chris Sparkes (UK) & Andrew Sparkes (UK)

音樂: Irish Stew - Sham Rock



Position: Side By Side man on inside, holding inside hands. Man's steps shown, lady use opposite moves throughout

STEP POINT, STEP TOUCH, STEP POINT, CROSS, UNWIND

1-2 Step forward right, point left to left side
3-4 Step forward left, touch right beside left
5-6 Step forward right, point left to left side

7-8 Sweep left across right, unwind ½ turn to the right

Now facing RLOD changing to inside hands

STEP POINT, STEP TOUCH, STEP POINT, CROSS UNWIND

9-10 Step forward left, point right to right side
11-12 Step forward right, touch left beside right
13-14 Step forward left, point right to right side

15-16 Sweep right across left, unwind ½ turn to the left

Now facing LOD changing to inside hands

UP BOX 1/4 TURN, WEAVE WITH 1/4 TURN

17-18 Step forward right, cross left over right

19-20 Step back on right making 1/4 turn to face partner, step left to left side

Change to open hands on step 19

21-22 Cross right over left, step left to left side 23-24 Cross right behind left, step left to left side

ROCK STEPS, TAP TWICE

25-26 Cross right over left, step left making ¼ turn into LOD

Change to inside hands on step 26

27-28 Rock forward right, recover on left 29-30 Rock back right, recover on left

31-32 Tap right beside left twice, (oh alright stomp if you must)

REPEAT