

Steps & Turns

拍數: 32 牆數: 2 級數: Beginner
編舞者: Heather Frye (CAN)
音樂: Bring It All Back - S Club 7



SIDE TOGETHER SIDE CLAP, SIDE TOGETHER SIDE CLAP

- 1-4 Step right to right side, step left beside right, step right to right side, touch left beside right and clap
5-8 Step left to left side, step right beside left, step left to left side, touch right beside left and clap

STEP SIDE CLAPS

- 9-10 Step right to right side, touch left beside right and clap
11-12 Step left to left side, touch right beside left and clap
13-14 Step right to right side, touch left beside right and clap
15-16 Step left to left side, touch right beside left and clap

HIP BUMPS FORWARD AND BACK

- 17-18 Take a small step forward on right and bump hips to the right twice
19-20 Bump hips back and to the left twice
21-22 Bump hips forward and to the right twice
23-24 Bump hips back and to the left twice

TOES STRUTS FORWARD, HALF TURN LEFT, STOMP FORWARD RIGHT, LEFT

- 25-26 Step forward with right toes, drop right heel
27-28- Step forward with left toes, drop left heel
29-30 Step forward right, pivot half turn left onto left
31-32 Stomp right foot slightly forward, stomp left foot beside right

REPEAT
