

Steppin' To The Beat

COPPER KNOB
STEPSHEETS

拍數: 58 牆數: 4 級數: Intermediate
編舞者: Michael Corbett
音樂: There's Your Trouble - The Chicks



WALK FORWARD AND POINT

1-2 Step forward on right, step forward on left
3-4 Step forward on right, put left foot out in front at an angle with heel down

WALK BACK & COASTER STEP

5-6 Step back on left, step back on right
7&8 Step back quickly left, right, left

WALK FORWARD AND POINT

9-10 Step forward on right, step forward on left
11-12 Step forward on right, put left foot out in front at an angle with heel down

WALK BACK & COASTER STEP

13-14 Step back on left, step back on right
15&16 Step back quickly left, right, left

JAZZ BOX

17-18 Cross right over left, step slightly back on left
19-20 Step right next to left, touch left in place next to right

RIGHT KICK-BALL-CHANGES

21&22 Scuff right forward, pump weight on ball of right, transfer weight to left
23&24 Scuff right forward, pump weight on ball of right, transfer weight to left

½ TURN TO THE LEFT

25-26 Place right foot out in front, pivot ½ turn left

RIGHT KICK-BALL-CHANGES

27&28 Scuff right forward, pump weight on ball of right, transfer weight to left
29&30 Scuff right forward, pump weight on ball of right, transfer weight to left

½ TURN TO THE LEFT

31-32 Place right foot out in front, pivot ½ turn left

VINE RIGHT

33-34 Step right out to right side, cross left behind right
35-36 Step right out to right side, touch left beside right

VINE LEFT

37-38 Step left out to left side, cross right behind left
39-40 Step left out to left side, touch right beside left

TWIST, TWIST, KICK-BALL-CHANGE

41 With knees bent slightly, twist ¼ turn right (on balls of feet)
42 Straightening knees, twist ½ turn left (on balls of feet)

You will now be facing ¼ turn left of where you started the dance

43&44 Scuff right forward, pump weight onto right, transfer weight to left

STEP RIGHT, SLIDE

45-46 Step right out to right side, slide left next to right

LEFT KICK-BALL-CHANGE, SLIDE

47&48 Scuff left, pump weight on left, transfer weight to right

49-50 Step left out to left side, slide right next to left

TRAVELING HIP BUMPS

51-52 Step forward diagonally on right, bumping hips twice to the right

53-54 Step forward diagonally on left, bumping hips twice to the left

55-56 Step forward diagonally on right, bumping hips twice to the right

57-58 Step forward diagonally on left, bumping hips twice to the left

REPEAT
