

Stepping Stones

拍數: 64 牆數: 4 級數: Advanced
編舞者: Sue-Ann Beaumont (AUS)
音樂: Steppin' Stones - Lorrie Morgan



- 1-4 Touch right heel 45 degrees, jump weight on right & touch left 45, jump weight on left & touch right 45, clap
&5&6 Syncopated steps-right side, left side, right center, left center
&7&8 Syncopated steps-right side, left side, right center, left center
- 1-4 Touch right heel 45 degrees, jump weight on right & touch left 45, jump weight on left & touch right 45, clap
5-8 Jump feet apart, together, apart, together
- 1-4 Vine left-right-left turning $\frac{1}{4}$ turn left, touch right together & clap
5-8 Turning vine right-left-right (full turn), stomp left together & clap
- 1-4 Turning vine left-right-left (full turn), stomp right together & clap
5-6 Step forward on right, touch left beside right turning $\frac{1}{2}$ turn left on right foot & clap
7-8 Step forward on left, touch right toe together & clap
- 1-2 Strut right toe/heel at 45 degrees right & click fingers in front when dropping heel
3-4 Strut left across in front of right (toe/heel) & click fingers behind when dropping heel
5-6 Touch right toe to right side, slap right knee in front of body with left hand
7-8 Touch right toe to right side, touch right toe together
- 1-2 Kick right forward twice
3-4 Step back on right turning $\frac{1}{2}$ turn left, step forward on left
5-6 Strut right toe/heel at 45 degrees right & click fingers in front when dropping heel
7-8 Strut left across in front of right (toe/heel) & click fingers behind when dropping heel
- 1-2 Touch right toe to right side, slap right knee in front of body with left hand
3-4 Touch right toe to right side, touch right toe together
5-6 Kick right forward twice
7-8 Rock back on right, step forward on left
- 1-2 Step right to right side, hitch left knee & turn $\frac{1}{2}$ turn right
3-4 Step left to left side, hitch right knee & turn $\frac{1}{2}$ turn right
5-8 Step right to right side, touch left beside right, step left to left side, touch right beside left

REPEAT

When dancing to the fast song, drop the last 8 beats on the second repetition in order to fit to the music.