Steppin' Out Tonight



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Yvonne Anderson (SCO) 音樂: Steppin' Out - Neil Sedaka



Sequence: 48, 48, 48, 24, 48 to end

& BACK, HOLD, & BACK, HOLD, ROLLING VINE RIGHT, SCUFF

&1-2 Step right back to right diagonal, touch left toes beside right instep, hold and snap fingers at

right shoulder

&3-4 Step left back to left diagonal, touch right toes beside left instep, hold and snap fingers at left

shoulder

5-8 Make full rolling turn to right side stepping right, left, right, scuff left forward

STEP 1/4 TURN RIGHT, CROSS SHUFFLE, 1/4 TURN LEFT, 1/2 TURN LEFT, FORWARD SHUFFLE

1-2 Step left forward, make ¼ turn right taking weight on right (3:00) 3&4 Step left across right, & step right to right, step left across right

5-6 Make ¼ turn left stepping back on right, make ½ turn left stepping left forward

7&8 Shuffle forward stepping right, left, right (6:00)

KICK, KICK, BALL-CROSS, 1/4 TURN RIGHT, SIDE, KICK, KICK, BALL STEP 1/2 TURN RIGHT

1-2 Kick left forward to right diagonal, kick left forward to right diagonal

&3-4& Step ball of left to left, step right across left, make ¼ turn right stepping left back

5-6 Kick right forward to left diagonal, kick right forward to left diagonal

&7-8& Step ball of right beside left, step left forward, make ½ turn right taking weight on right (9:00)

This is where restart happens

SIDE, BEHIND, ¼ TURN LEFT, STEP, ½ PIVOT, ¼ TURN LEFT, BEHIND ¼ TURN RIGHT (FIGURE OF EIGHT)

1-2 Step left to left, step right behind left

3-4 Make ¼ turn left stepping left slightly forward, step right forward

5-6 Make ½ turn left taking weight on left, make ¼ turn left stepping right to right

7-8 Step left behind right, make ¼ turn right stepping right forward (6:00)

STEP 1/4, CROSS, HOLD, & CROSS HOLD, SIDE ROCK, RECOVER

1-2 Step left forward, make ¼ turn right taking weight on right (3 o' clock)

3-4 Step left across right, hold

&5-6& Step right to right, step left across right, hold 7-8 Rock right to right, recover weight on left

Styling on counts 4 and 6: bring hands to front of waist left across right, fingers spread, palm down, keep elbows close to body and quickly fan hands out to sides

SAILOR STEP, BEHIND UNWIND 1/2 TURN LEFT, CROSS SHUFFLE, KICK-BALL TOUCH

1&2 Step right behind left, & step left to left, step right to right

3-4 Touch left toes behind right, unwind ½ turn left taking weight on left (3:00)

5&6 Step right across left, & step left to left, step right across left

7&8 Kick left forward, & step ball of left beside right, touch right toes beside left instep

REPEAT

RESTART

During fourth repetition, dance through counts 1-24 then restart from beginning

