

# Stepping Out

拍數: 0      牆數: 0      級數:  
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音樂: Stomp - Steps



Sequence: AAA B AAA B AA TAG B A

## SECTION A

### STOMPS AND SIDE SHUFFLES

- 1-2            Stomp right foot next to left, kick right foot forward
- 3&4           Step right foot to right side, close left foot next to right, step right foot to right side
- 5-6           Stomp left foot next to right, kick left foot forward
- 7&8           Step left foot to left side, close right foot next to left, step left foot to left side

### PADDLE STEPS MAKING ½ TURN AND SYNCOPATED JAZZ BOX WITH A ¼ TURN

- 1-2            Rock onto right making ¼ turn left
- 3-4            Rock onto right making ¼ turn left
- 5-6            Cross right foot over left, step back left
- &7             Step right to right side, making a ¼ turn right, cross left over right
- 8              Kick right foot forward

### KICKS WALKING BACKWARD AND ROCK, RECOVER CROSSES

- 1-2            Step back on right, kick left forward
- 3-4            Step back on left, kick right forward
- 5&6            Rock to right on right foot, recover onto left foot, cross right over left
- 7&8            Rock to left on left foot, recover onto right foot, cross left over right

### PIVOT ½ TURN WITH JUMPS FORWARD AND BACK

- 1-2            Step forward on right and pivot ½ turn to the left
- 3-4            Step forward on right and pivot ½ turn to the left
- &5-6           Jump slightly forward on right, left with a clap
- &7-8           Jump slightly back on right, left with a clap

## SECTION B

### SHUFFLES AND ROCK

- 1&2            Right crossing shuffle: cross right foot over left, bring left next to right, step right to left side
- 3-4            Rock to left side on left foot, recover onto right foot
- 5&6            Cross left foot over right leg and clap twice
- 7&8            Step right to right side, close left next to right, step right to right side

### LEFT SAILOR STEP, HOOKS AND SLAPS, WALKS FORWARD

- 1&2            Step left foot behind right, step right foot to right side, step left foot to left side
- 3-4            Step forward on right foot, hook left foot behind right knee slapping foot with right hand
- 5-6            Step back on left making a ¼ turn left, hook right foot in front of left leg slapping foot with left hand
- 7-8            Walk forward on right then left

### PIVOT ½ TURN, SHUFFLE, STOMP, SWIVEL, SHUFFLE

- 1-2            Step forward on right, pivot ½ turn to left
- 3&4            Step right foot forward, bring left next to right, step right foot forward
- 5&6            Stomp left in front of right, swivel heels out, swivel heels in
- 7&8            Step right foot forward, bring left next to right, step right foot forward

**ROCK FORWARD, ¼ TURN COASTER, PIVOT ½ AND ¼ TURNS**

- 1-2            Rock forward on left foot, recover onto right  
3&4           Step back on left making a ¼ turn to the left, step right next to left, step left forward  
5-6           Step forward on right, pivot ½ turn to the left  
7-8           Step forward on right, pivot ¼ turn to the left

**TAG (4 COUNTS)**

- 1-4            Walk forward on right, left, right, left
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