

Steppin' Out

COPPER KNOB
STEPPINETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Sal April (USA)
音樂: I Feel Lucky - Mary Chapin Carpenter



GRAPEVINES & ½ TURN

1-3 Right vine (step right, left behind, step right)
4 Hitch left knee while turning ½ turn to right
5-7 Left vine (step left, right behind, step left)
8 Stomp right foot next to left and clap hands

KICK-BALL-CHANGES

9&10 Kick-ball-change starting on right foot
11&12 Kick-ball-change starting on right foot

JAZZ SQUARE

13 Cross right over left
14 Step back on left making ¼ turn to right
15 Step to side on right
16 Step left next to right

PADDLE TURNS

17-24 Standing on left foot, use right foot to push around ¼ turn to the left four times in a step-turn fashion. Each time you will swing your right hip out to the right with each "paddle"

STEPPIN' OUT

25 Step forward with right foot in front of left
26 Point left toe out to left side
27 Step forward with left foot in front of right
28 Point right toe out to side

29 Step forward with right foot in front of left
30 Point left toe out to left side
31 Step forward with left foot in front of right
32 Hitch right leg while making ¼ turn to left and clap hands

REPEAT
