

Stepping Out (P)

COPPER KNOB
BY STEPSHEETS

拍數: 48 牆數: 0 級數: Partner
編舞者: Jeff Mills (UK) & Thelma Mills (UK)
音樂: Everybody Knows - The Chicks



Position: Man facing LOD. Lady facing RLOD, start right shoulder to right shoulder. No hands. Same footwork throughout unless stated

HEEL, TOE, SHUFFLE FORWARD, ROCK STEP, SHUFFLE BACKWARDS

1-2 Touch right heel forward, touch right toe back
3&4 Right shuffle forward right-left-right
5-6 Rock forward onto left, recover onto right
7&8 Left shuffle back left-right-left

On count 5 clap right hand to right hand with next person in front of you)

POINT, ½ TURN, SHUFFLE FORWARD, ½ STEP PIVOT, SHUFFLE FORWARD

9-10 Point right toe behind left foot, make ½ turn right taking weight on right

Man now facing RLOD, lady facing LOD

11&12 Left shuffle forward left-right-left
13-14 Step forward on right, pivot ½ turn left

Man now facing LOD, lady RLOD

15&16 Right shuffle forward right-left-right

MAN: ROCK STEP. LADY: ½ STEP PIVOT TURN / BOTH: SHUFFLE FORWARD, WALK TWICE, SHUFFLE FORWARD

17-18 **MAN:** Rock back on left, recover on right
 LADY: Step forward on left, pivot ½ turn right to face LOD
19&20 Left shuffle forward left-right-left
21-22 Walk forward right, left
23&24 Right shuffle forward right-left-right

On count 17 join right hand to right hand and go into right side by side on count 18

¼ TURN, STEP BEHIND, ¼ TURN SHUFFLE, ½ TURN, STEP BACK SHUFFLE BACKWARDS

25-26 Step forward left ¼ turn right to face OLOD (man now behind lady) step right behind left
27&28 Step left ¼ turn left into a left shuffle down LOD left-right-left
29-30 Pivot ½ turn left on left to face RLOD, stepping back on right, step back left
31&32 Right shuffle backwards down LOD, right-left-right

On count 29, release left hands, raise right on count 30, rejoin left hands in front at waist height. Right hands will now be behind man at waist height

POINT, ½ TURN, SHUFFLE FORWARD, WALK TWICE, SHUFFLE FORWARD

33-34 Point left toe behind right foot, make ½ turn to left to face LOD taking weight on left
35&36 Right shuffle forward right-left-right
37-38 Walk forward left, right
39&40 Left shuffle forward left-right-left

On count 33, release right hands, raise left hands and return into right side by side position on count 34

ROCK STEP, COASTER STEP / MAN: ROCK STEP, LADY: ½ STEP PIVOT TURN, BOTH: SHUFFLE

41-42 Rock forward on right, recover on left
43&44 Step back onto right, step left next to right, step forward on right
45-46 **MAN:** Rock back on left, recover on right
 LADY: Step forward on left, pivot ½ turn right to face RLOD

47&48

MAN: Left shuffle backwards down RLOD left-right-left

LADY: Left shuffle forward down RLOD left-right-left

On count 45, release left hands, on count 46 release right hands and return to start position during counts 47&48. On count 47&48. Man to complete a short shuffle back ending with weight fully over his left foot

REPEAT
