

Stepping Out

拍數: 64 牆數: 2 級數: Intermediate
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音樂: Stomp - Steps



TOUCH SIDE, ¼ FLICK, STEP FORWARD, ½ PIVOT, ½ SHUFFLE, ½ SHUFFLE

- 1-2-3-4 Touch right toe to right side, turn ¼ turn left on left flicking right foot back, step forward right, pivot ½ turn left
5&6-7&8 Turning ½ turn left shuffle forward right, left, right, turning a further ½ turn left shuffle left, right, left

CROSS, SIDE, SIDE, CROSS, SIDE, HEEL, BALL CROSS, ½ TURN, LEFT COASTER

- 1&2-3&4 Cross right over left and step left to left, step right to right, cross left over right and step right to right touching left heel forward
&5-6-7&8 Step onto ball of left crossing right over left, unwind ½ turn left (end weight right), step back on left, step right beside left, step forward on left

KICK BALL STEP, SHUFFLE FORWARD, KICK BALL STEP, LOCK STEP, STOMP SIDE

- 1&2-3&4 Kick right forward, step right to center stepping forward on left, shuffle forward right stepping right, left, right
5&6&7-8 Kick left forward, step left to center stepping forward on right, lock left behind right, step forward right, stomp left to left side

RIGHT SAILOR, LEFT SAILOR ¼ LEFT, STEP FORWARD ½ PIVOT LEFT, SIDE SHUFFLE RIGHT

- 1&2-3&4 Cross right behind left, rock left to left, rock weight center on right, cross left behind right, rock right to right, step left to left turning ¼ turn left
5-6-7&8 Step forward on right, pivot ½ turn left, side shuffle right stepping right, left, right

FULL TURN LEFT, TOUCH RIGHT, BALL CROSS, HOLD/CLAP, SIDE- CROSS AND CROSS

- 1-2-3-4 Turn full turn left stepping left, right, left and touch right beside left
&5-6& Step ball of right to right crossing left over right, hold & clap, step ball of right to right & cross
7&8 Shuffle left over right stepping left, right, left

SIDE ROCK, REPLACE, BEHIND, ¼, STEP, STOMP DIAGONAL LEFT TWICE, STOMP DIAGONAL RIGHT TWICE

- 1-2-3&4 Rock right foot to right side, rock weight center left, cross right behind left, step left to left turning ¼ turn left, step forward on right
5-6-7-8 Stomp left diagonal 45 degrees left, stomp left diagonal 45 degrees left (end weight left), stomp right diagonal 45 degrees right stomp right diagonal 45 degrees right (end weight on right)

HEEL & HEEL & HEEL- BRUSH- HEEL & ROCK FORWARD, ROCK BACK, ½ SHUFFLE

- 1&2&3&4 Touch left heel forward, step left to center touching right heel forward, step right to center touching left heel forward, brush left over right, touch left heel forward
&5-6-7&8 Step ball of left beside right and rock forward right, rock back left, turning ½ turn right shuffle right, left, right

JAZZ BOX, TOUCH BESIDE, PADDLE TURN STEP ¼, STEP ¼, STEP ¼, TOUCH SIDE

- 1-2-3-4 Cross left over right, step back on right, step left beside right, touch right beside left
&5&6&7-8 Step ball of right to and turn ¼ turn left stepping onto left, step ball of right to and turn ¼ turn left stepping onto left, step ball of right to and turn ¼ turn left stepping onto left, touch right beside left

REPEAT

TAG

At the end of wall 5 add two $\frac{1}{2}$ pivot turns

1-2-3-4 Step forward right, pivot $\frac{1}{2}$ turn left, step forward right, pivot $\frac{1}{2}$ turn left
