

Steppin' Out

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Improver
編舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)
音樂: Everybody Knows - The Chicks



SIDE ROCK STEPS, RECOVERS, MODIFIED SAILOR SHUFFLES

1-2 Rock left to left side, recover on right
3&4 Step left behind right, step right to right side, cross left over right
5-6 Rock right to right side, recover on left
7&8 Step right behind left, step left to left side, step forward on right

¼ TO THE RIGHT PADDLE TURNS, ROCK STEP, RECOVER, COASTER STEP

1-2 Step left forward, step right making ¼ turn to the right
3-4 Step left forward, step right making ¼ turn to the right
5-6 Rock forward on left, recover on right
7&8 Step back on left, step back on right, step forward on left

SIDE ROCKS STEPS, MODIFIED SAILOR SHUFFLES

1-2 Rock right to right side, recover on left
3&4 Step right behind left, step left to left side, cross right over left
5-6 Rock left to left side, recover on right
7&8 Steps left behind right, step right to right side, step forward on left

¼ TO THE LEFT PADDLE TURNS, ROCK STEP, RECOVER, SHUFFLE TURNING ¾ TO THE RIGHT

1-2 Step forward on right, step left making ¼ turn to the left
3-4 Step forward on right, step left making ¼ turn to the left
5-6 Rock forward on right, recover on left
7&8 Step right making ½ turn to the right, step left making ¼ turn to the right, step right next to left

ROCK STEPS, RECOVERS, CROSSING SHUFFLES

1-2 Rock left to left side, recover on right
3&4 Cross left over right, step right quickly to right side, cross left over right
5-6 Rock right to right side, recover on left
7&8 Cross right over left, step left quickly to left side, cross right over left

¼ TO THE RIGHT PADDLE TURNS, ROCK STEP, RECOVER, COASTER STEP

1-2 Step left forward, step right making ¼ turn to the right
3-4 Step left forward, step right making ¼ turn to the right
5-6 Rock forward on left, recover on right
7&8 Step back on left, step back on right, step forward on left

ROCK STEPS, RECOVERS, SHUFFLE TURNING ½ TO THE RIGHT, COASTER STEP

1-2 Rock forward on right, recover on left
3&4 Step right making ¼ turn to the right, step left making ¼ turn to the right, step forward on right
5-6 Rock forward on left, recover on right
7&8 Step back on left, step back on right, step forward on left

MODIFIED TOE-HEELS, MODIFIED JAZZ BOX

1-2 Touch right toe forward, step down on right heel
3-4 Touch left toe forward while making ¼ turn to the left, step down on left heel
5-6 Cross right over left, step back on left

7&8

Shuffle in place, right, left, right

REPEAT
