

Stepping Out

拍數: 40 牆數: 2 級數: Intermediate/Advanced
編舞者: Oli Geir (ICE)
音樂: Man! I Feel Like a Woman! - Shania Twain



MONTEREY ¼ TURN RIGHT 2X

1-2 Touch right to side, step right beside left and turn ¼ to right
3-4 Touch left to side, step left beside right foot
5-6 Touch right to side, step right beside left and turn ¼ to right
7-8 Touch left to side, step left beside right

STEP PIVOT ½ TURN LEFT 2 X, STROLL FORWARD RIGHT

1-2 Step forward on right and pivot ½ turn to left, rock forward in to left
3-4 Step forward on right and pivot ½ turn to left, rock forward in to left
5-6 Step forward on right, step left beside right
7-8 Step forward on right, touch left beside right

KICK BALL CHANGE, STEP BRUSH AND HITCH PIVOT ¼ TURN LEFT TWICE

1&2 Kick left forward, step left behind right, step right in place
&3-4 Step forward on left a small step, brush right heel in floor and hitch ¼ turn to left, step right beside left
5&6 Kick left forward, step left behind right, step right in place
&7-8 Step forward on left a small step, brush right heel in floor and hitch ¼ turn to left, step right beside left

KICK BALL CHANGE, STEP BRUSH AND HITCH PIVOT ¼ TURN LEFT 2X

1&2 Kick left forward, step left behind right, step right in place
&3-4 Step forward on left a small step, brush right heel in floor and hitch ¼ turn to left, step right beside left
5&6 Kick left forward, step left behind right, step right in place
&7-8 Step forward on left a small step, brush right heel in floor and hitch ¼ turn to left, step right beside left

CHASSE FORWARD, STEP PIVOT ½ TURN LEFT, CHASSE ½ TURN LEFT, STEP, HOLD

1&2 Step forward on left, step right behind left, step forward on left
3-4 Step forward on right and pivot ½ turn to left, rock forward into left
5&6 Step right in to chasse ½ turn left stepping right, left, right
7-8 Step left beside right, hold and clap hands

REPEAT
