

Steppin' Out

COPPER KNOB
STEPPING SHEETS

拍數: 32 牆數: 1 級數: Improver
編舞者: Ellen Wilby (USA)
音樂: Kate's Hole - Eddie Francis



SIDE TOUCH, STEP, SIDE TOUCH, STEP, HEEL, STEP, HEEL, STEP

- 1 Right touch to right side
- 2 Together
- 3 Left touch to left side
- 4 Together
- 5 Right heel touch to front
- 6 Together
- 7 Left heel touch to front
- 8 Together

TOE, ½ TURN, HEEL-TOE STRUTS

- 9 Right toe touch back
- 10 ½ turn to right (done dipping down, knees bent)
- 11 Walk forward left heel
- 12 Set toe down
- 13 Walk forward right heel
- 14 Set toe down
- 15 Walk forward left heel
- 16 Set toe down

BACK FOUR, HEEL-TOE SWIVELS

- 17 Walk back right
- 18 Walk back left
- 19 Walk back right
- 20 Walk back left
- 21 Swivel heels to right
- 22 Swivel toes to right
- 23 Swivel heels to right
- 24 Swivel toes to center
- 25 Swivel heels to left
- 26 Swivel toes to left
- 27 Swivel heels to left
- 28 Swivel toes to center

KICK-BALL-CHANGE WITH ¼ TURN, KICK-BALL-CHANGE WITH ¼ TURN

- 29&30 Right kick ball change into a ¼ turn left
- 31&32 Right kick ball change into a ¼ turn left

REPEAT
