Steppin' Again



拍數: 32 編數: 4 級數: Intermediate

編舞者: Lana Harvey Wilson (USA)

音樂: One Foot In Front of the Other - Lee Roy Parnell



FORWARD, HOLD, FORWARD, HOLD, BACK COASTER, SCUFF

1-2	Step left directly in front of right, hold
3-4	Step right directly in front of left, hold
5-6	Step back on left, step right next to left
7-8	Step forward on left, scuff right forward

FORWARD LOCK, SCUFF, SLOW 1/2 PIVOT

9-10	Step forward on right, step left forward and to outside of right
11-12	Step forward on right, scuff left forward
13-14	Step forward on left, hold
15-16	Pivot ½ right weight ending on right, hold

SIDE, HOLD, RECOVER, BEHIND, SIDE, FRONT CROSS, SIDE ROCK, 1/4 TURN

0.5 _, 0 _ 5 ,	,,, ,,, ,, ,, ,, ,, ,, ,
17-18	Rock left to left, hold
19-20	Recover on right, step left behind right
21-22	Step right to right, cross step left over right
23-24	Step right to right, recover on left turning 1/4 left

HEEL TOE STRUTS, STEP-CLOSE-STEP, ½ PIVOT/HOOK

25-26	Touch right heel forward, drop right toe taking weight
27-28	Touch left heel forward, drop left toe taking weight
29-30	Step forward on right, slide/step left next to right
04.00	Other females sight which 1/ left health a left feet according

31-32 Step forward on right, pivot ½ left hooking left foot over right leg

REPEAT

RESTART

On 5th pattern, starting on front wall, there is a 16 count instrumental pattern. Dance the first 16 count through slow ½ pivot and restart on back (6:00 wall) as the singing resumes