

Step Up To The Line

拍數: 48 牆數: 4 級數:
編舞者: Brian Dalton (UK)
音樂: Step Up To The Line - Kimberly Blake



VINE RIGHT, ROLL RIGHT WITH A HOP

- 1 Step right foot to right side
- 2 Cross left foot behind right foot
- 3 Step right foot to right side
- 4 Roll ½ turn right hopping on right foot while hitching left knee up

VINE BACK THREE, SCUFF HITCH RIGHT

- 5 Walk backwards left foot
- 6 Walk backwards right foot
- 7 Walk backwards left foot
- 8 Scuff hitch right knee up

VINE RIGHT, ROLL RIGHT WITH A HOP

- 9 Step right foot to right side
- 10 Cross left foot behind right foot
- 11 Step right foot to right side
- 12 Roll ½ turn right hopping on right foot while hitching left knee up

VINE BACK THREE, SCUFF HITCH RIGHT

- 13 Walk backwards left foot
- 14 Walk backwards right foot
- 15 Walk backwards left foot
- 16 Scuff hitch right knee up

PLANT RIGHT FOOT, SLAP THIGH, PLANT LEFT FOOT, SLAP THIGH

- 17 Plant right foot slightly forward
- 18 Slap the right hand on to right thigh
- 19 Plant left foot beside the right foot (feet apart)
- 20 Slap the left hand on left thigh

SLAP RIGHT BUTTOCK, SLAP LEFT BUTTOCK, GYRATE HIPS

- 21 Slap right buttock with right hand
- 22 Slap left buttock with left hand
- 23-24 Gyrate hips to the right while keeping hands on buttocks

STEP FORWARD RIGHT, SCUFF LEFT, STEP FORWARD LEFT, SCUFF RIGHT

- 25 Step right foot forward
- 26 Scuff left across in front of right
- 27 Step left foot forward
- 28 Scuff right foot across in front of left foot

STEP RIGHT FOOT FORWARD, HITCH ¼ TURN LEFT, STEP AND SCUFF

- 29 Step right foot forward
- 30 Hitch the left knee up while turning ¼ turn left
- 31 Step on the left foot
- 32 Scuff the right foot

VINE BACK THREE, SCUFF HITCH LEFT

- 33 Walk backwards right foot
- 34 Walk backwards left foot
- 35 Walk backwards right foot
- 36 Scuff hitch left knee up

ONE LEFT FORWARD TWO STEP

- 37 Step forward left foot
- 38 Close right foot to left foot
- 39 Step forward left foot
- 40 Scuff right foot forward

ONE RIGHT FORWARD TWO STEP

- 41 Step forward right foot
- 42 Close left foot to right foot
- 43 Step forward right foot
- 44 Scuff left foot forward

PLANT LEFT FOOT, PLANT RIGHT FOOT, BUMP HIPS/CLAP HANDS

- 45 Plant left foot slightly forward
- 46 Plant right foot beside the right foot
- 47-48 Bump hips right and left while clapping hands twice

REPEAT
