

Step Right Up (P)

拍數: 64 牆數: 0 級數: Partner
編舞者: Mariette Villeneuve (CAN) & Jean-Marc Villeneuve (CAN)
音樂: The Grand Tour - Aaron Neville



MAN

SIDE ROCK, CROSS SHUFFLE, STEP ¼ TURN, CROSS STEP, STEP ¼ TURN, STEP ½ TURN

- 1-2 Rock left to left, bring weight back on right foot
- 3&4 Cross shuffle left over right foot
- 5-6 Step right ¼ turn left, cross step left behind right foot
- 7-8 Step right ¼ turn right, step left ½ turn right (RLOD)

On count 8 change hands

STEP, STEP FORWARD, STEP ½ TURN, STEP BACK, STEP BACK, CROSS POINT, STEP ¼ TURN, TOUCH

- 1-2 Step right in place, step forward on left
- 3-4 Step right ½ turn left, step back on left
- 5-6 Step back on right, cross point left toes behind right foot(LOD)
- 7-8 Step left ¼ turn right, touch right next to left foot

Ending face to face in closed position facing OLOD

SHUFFLE 4X

- 1&2 Shuffle right-left-right ¼ turn right
- 3&4 Shuffle left-right-left ¼ turn right
- 5&6 Shuffle right-left-right ¼ turn right
- 7&8 Shuffle forward left-right-left (ending in right open promenade)

STEP FORWARD, POINT 3X, STEP FORWARD, TOUCH

- 1-2 Step forward on right, point left toes to left
- 3-4 Step forward on left, point right toes to right
- 5-6 Step forward on right, point left toes to left
- 7-8 Step forward on left, touch right beside left foot

VINE RIGHT, TOUCH, ROCKING CHAIR

- 1-2 Step right to right, cross step left behind right foot
- 3-4 Step right to right, touch left next to right foot

Ending in closed position facing LOD

- 5-6 Rock forward on left, bring weight back on right foot
- 7-8 Rock back on left, bring weight back on right foot

STEP ¼ TURN, STEP, STEP ¼ TURN, TOUCH

- 1 Cross step left behind right foot ¼ turn to left
- 2-3 Step right to right, step left ¼ turn left
- 4 Touch right next to left foot

Ending in closed position facing RLOD

ROCKING CHAIR

- 1-2 Rock forward on right, bring weight back on left foot
- 3-4 Rock back on right, bring weight back on left foot

STEPS TURNING ½ TURN, TOUCH, FULL TURN

- 1-3 Step right ¼ turn left, step left ¼ turn left, step right

- 4 Touch left next to right foot
5-8 Full turn left traveling towards LOD stepping left, right, left, right

Ending in right open promenade

CROSSED ROCKING CHAIR TWICE

- 1-2 Cross rock left over right, bring weight back on right foot
3-4 Cross rock left behind right, bring weight back on right foot
5-6 Cross rock left over right, bring weight back on right foot
7-8 Cross rock left behind right, bring weight back on right foot

REPEAT

LADY

SIDE ROCK, CROSS SHUFFLE, STEP ¼ TURN, CROSS STEP, STEP ¼ TURN, STEP ½ TURN

- 1-2 Rock right to right, bring weight back on left foot
3&4 Cross shuffle right over left foot
5-6 Step left ¼ turn right, cross step right behind left foot
7-8 Step left ¼ turn left, step right ½ turn left (RLOD)

On count 8 change hands

STEP, STEP FORWARD, STEP ½ TURN, STEP BACK, STEP BACK, CROSS POINT, STEP ¼ TURN, TOUCH

While moving arms in half circles

- 1-2 Step left in place, step forward on right
3-4 Step left ½ turn right, step back on right
5-6 Step back on left, cross point right toes behind left foot (LOD)
7-8 Step right ¼ turn left, touch left next to right foot

Ending face to face in closed position facing ILOD slightly to man's right

SHUFFLE 4X

- 1&2 Shuffle left-right-left ¼ turn right
3&4 Shuffle right-left-right ¼ turn right
5&6 Shuffle left-right-left ¼ turn right
7&8 Shuffle right-left-right ½ turn right while going forward

STEP FORWARD, POINT 3X, STEP FORWARD, TOUCH

- 1-2 Step forward on left, point right toes to right
3-4 Step forward on right, point left toes to left
5-6 Step forward on left, point right toes to right
7-8 Step forward on right, touch left beside right foot

33-40 VINE RIGHT, TOUCH, ROCKING CHAIR STEPS TURNING ½ TURN, TOUCH, ROCKING CHAIR

Release left hand during ½ turn

- 1-4 Step left, right, left ½ turn right, touch right next to left foot

Ending in closed position facing RLOD

- 5-6 Rock back on right, bring weight back on left foot
7-8 Rock forward on right, bring weight back on left foot

STEPS TURNING ½ TURN, TOUCH

- 1-2-3 Step right, left, right ½ turn right
4 Touch left next to right foot

Ending in closed position facing LOD

ROCKING CHAIR

- 1-2 Rock back on left, bring weight back on right foot

3-4 Rock forward on left, bring weight back on right foot

FULL TURN, TOUCH, FULL TURN

1-3 Full turn right stepping left, right, left

4 Touch right next to left foot

5-8 Full turn to right traveling towards LOD step right, left, right, left

Ending in right open promenade

CROSSED ROCKING CHAIR TWICE

1-2 Cross rock right over left, bring weight back on left foot

3-4 Cross rock right behind left, bring weight back on left foot

5-6 Cross rock right over left, bring weight back on left foot

7-8 Cross rock right behind left, bring weight back on left foot

While moving arms in half circles

REPEAT
