

Step It Up

COPPER KNOB
STEPSHEETS

拍數: 16 牆數: 4 級數: Ultra Beginner straight rhythm
編舞者: Rose Grant (CAN)
音樂: Let's Shout (Baby Work Out) - Colin James



STEP TOUCHES FORWARD LEFT

- 1-2 Step forward on the left on a 45 degrees angle, touch the right
- 3-4 Step back on the right on a 45 degrees angle, step left beside right (weight on left)
- 5-6 Step back on the right on a 45 degrees angle, touch the left
- 7-8 Step side left, touch right beside left (weight on right)

STEP TOUCHES FORWARD RIGHT W ¼ TURN RIGHT

- 9-10 Step forward on the right on a 45 degrees angle, touch the left
- 11-12 Step back on the left on a 45 degrees angle, step right beside left (weight on right)
- 13-14 Step back on the left on a 45 degrees angle, touch the right
- 15-16 Step with the right ¼ turn right, touch the left beside the right.(weight on right)

REPEAT
