

# Step In Time

拍數: 48      牆數: 4      級數: Improver  
編舞者: Lois Lightfoot (UK)  
音樂: Like a Rock to a Window - Darryl & Don Ellis



## STEP TOUCH, DIAGONALLY FORWARD, THEN BACK

- 1-2      Step right foot diagonally forward, touch left next to right. Click fingers
- 3-4      Step left foot diagonally back, touch right next to left. Click fingers
- 5-6      Step right foot diagonally back, touch left next to right. Click fingers
- 7-8      Step left foot diagonally forward, brush right next to left, click fingers

## RIGHT JAZZ BOX, SCUFF, LEFT JAZZ BOX, SCUFF

- 9-10      Step right foot over left foot, step left foot back
- 11-12      Step right foot to side, scuff left next to right
- 13-14      Step left foot over right foot, step right foot back
- 51-16      Step left foot to side, scuff right next to left

## STEP, TOUCH, STEP TOUCH, STEP. HOLD ¼ TURN HOLD

- 17-18      Step right to side, touch left next to right & clap
- 19-20      Step left to left side, touch right next to left & clap
- 21-22      Step right to side, hold (point both hands to right side)
- 23-24      Swivel ¼ turn to left on ball of both feet, hold (point both hands forward)

## HEEL STRUTS FORWARD, SLOW COASTER FORWARD

- 25-26      Step forward on right heel, bring right toe down
- 27-28      Step forward on left heel, bring left toe down
- 29-30      Step right foot forward, step left foot next to right
- 31-32      Step right foot back, hold for one beat

## TOE STRUTS BACK, SLOW COASTER BACK

- 33-34      Step left toe back, bring left heel down
- 35-36      Step right toe back, bring heels down
- 37-38      Step left foot back, step right foot next to left
- 39-40      Step left foot forward, hold for one beat

## TOUCH OUT STEP BACK RIGHT & LEFT, MONTEREY TURN

- 41-42      Touch right toe out to side, step right foot back slightly behind left
- 43-44      Touch left toe out to side, step left foot back slightly behind right
- 45-46      Touch right out to side, pivot a ½ turn to right on right as you step right in place
- 47-48      Touch left out to side, step left next to right foot

## REPEAT

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