

Step By Step

拍數: 32 牆數: 4 級數: Improver
編舞者: Jenny Leigh (AUS)
音樂: I'm Better Off Single - Billie Rose



HEEL, BOOT LIFT, HEEL, TOE, FORWARD SHUFFLE, ROCK REPLACE

1-2 Touch right heel forward, boot lift right foot across left knee
3-4 Touch right heel forward, touch right toe back
5&6 Shuffle forward right-left-right
7-8 Rock forward on left, replace on right

ROCK REPLACE, ROCK FORWARD, ¼ TURN RIGHT, CROSS, HOLD, CROSS SHUFFLE WITH SHIMMY

1-2 Rock back on left, replace on right
3-4 Step forward on left, ¼ pivot turn to right (weight on right)
5-6 Cross left over right, hold
&7&8 Step right to right, cross left over right, step right to right, cross left over right (shimmying shoulders)

¼ TURN MONTEREY, KICK, KICK, BALL CHANGE SCUFF

1-2 Touch right to right side, ¼ turn to right bringing right beside left
3-4 Touch left to left side, step left beside right (weight on left)
5-6 Kick right foot forward twice
&7-8 Step back on right, step left forward, scuff right beside left

¼ TURN JAZZ BOX, TOUCH, SLAP, TOUCH, TOGETHER

1-2 Cross right over left, step left back ¼ turning to right
3-4 Step right to right, step left beside right (keep weight on left foot for next 4 counts)
5-6 Touch right toe to right, flick right toe behind left knee (slapping right foot with left hand)
7-8 Touch right toe to right side, touch right beside left

REPEAT

TAG

On the end of walls 2, 5 & 9

1-2 Step right to right side, step left beside right (& clap hands)
3-4 Step left to left side, step right beside left (& clap hands)
