

Step By Step

拍數: 40 牆數: 2 級數: Intermediate
編舞者: The Angels (SA)
音樂: Step by Step - Whitney Houston



& BACK, BUMP, CHASSE ¼, ¼ TURN TOUCH, ¼ TURN TOUCH

- &1-2 Step back right, step left next to right, bump left hip to left.(flick hands left)
3&4 Step right to side, step left next to right, step right forward making ¼ turn right
5-6 On ball of right turn ¼ to right as you lift left hip, step left to side
7-8 On ball of left turn ¼ to right as you lift right hip, step right to side
Option 5-8: step forward left, pivot ¼ right, repeat

CROSS & HEEL & CROSS, HOLD, & CROSS SHUFFLE, UNWIND ½ TURN, TOUCH

- 1&2 Cross step left over right, step back on right, touch left heel forward left
&3-4 Step left next to right, cross step right over left, hold
&5&6 Step left to side, cross right over left. Step left to side, cross right over left
7-8 Unwind ½ turn to left, touch right next to left

WALK, HOLD, WALK, HOLD, (CAN BE DONE ADDING OWN STYLING) SIDE, BEHIND & HEEL HOLD

- 1-2 Walk forward on right, hold & click right fingers,
3-4 Walk forward on left, hold & click left fingers
5-6 Step right to right side, step left behind right
&7-8 Step right to right side, touch left heel forward, hold. (optional hold: kick left foot slightly diagonal twice)

& CROSS ¼ TURN, ¼ TURN INTO CHASSE, CROSS ROCK ¼, FULL TURN

- &1-2 Step left next to right, cross right over left, step back on left making ¼ turn right
3&4 Make ¼ right stepping right to side, step left next to right, step right to side
5&6 Cross rock left over right, recover on right, step forward on left making ¼ left
7-8 Make ½ turn left stepping back on right, ½ turn left stepping forward left.

Optional: walk forward right-left

& STEP, POINT, ½ TURN, POINT, ½ TURN, POINT, WALK WALK

- &1-2 Step forward on right, step forward left, point right toe to right side
3-4 Make ½ turn right stepping right next to left, point left toe to left side
5-6 Make ½ turn left stepping left next to right, point right toe to right side
7-8 Walk forward right - left

REPEAT

TAG

At end of walls 3 & 7 (only added if using invisible track)

- 1-4 Bump hips left-right-left-right