

Steel City Swing

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Kathy Hunyadi (USA)
音樂: It's My Soul - Lynn August



Choreographed for Fun Shop In The 'Burgh 1999

SHUFFLE, SHUFFLE, ROCK STEP, TOE, HEEL

1&2-3&4 Shuffle side right, shuffle side left
5-6 Rock step right foot behind left, step left foot in place
7-8 Point right toe forward at slight angle toward right, drop right heel down (take weight)

SHUFFLE, SHUFFLE, ROCK STEP, TOE, HEEL

1-8 Repeat as above leading with left foot

SAILOR SHUFFLE, SAILOR SHUFFLE, POINT, HOLD, POINT, HOLD

1&2 Cross right foot behind left, step left foot to left, step right foot in place
3&4 Cross left foot behind right, step right foot to right, step left foot in place
5-6 Point right toes to right side, hold
&7-8 Quickly bring right foot next to left, point toes to left side, hold

SAILOR SHUFFLE, SAILOR SHUFFLE, POINT, HOLD, POINT, HOLD

1-8 Repeat as above leading with left foot

ACROSS, SIDE, ACROSS, VINE, ¼ TURN RIGHT, ½ TURN RIGHT

1-4 Point right toes in front of left foot, point right toes to right, point right toes in front of left foot, step right foot to right
5-6 Cross left foot behind right, step forward on right foot while turning ¼ to right
7-8 Step forward on left foot, turn ½ to right, step right foot in place

LOCKING TRIPLE STEPS TRAVELING FORWARD, KNEE ROLLS

1&2 Step forward on left foot at slight angle to left, slide right foot behind left (slightly to left side of heel), step left foot forward
3&4 Step forward on right foot at slight angle to right, slide left foot behind right (slightly to right side of heel), step right foot forward
5-6 Point left toe forward rolling left knee in, roll left knee out
7-8 Roll left knee in, roll left knee out and step on left foot

REPEAT
